



A diorama of a *Star Wars* scene by Stephen Hayford

photo provided

Munich And Plasticity At Davis Art Center

The Sidney and Berne Davis Art Center will offer two captivating art exhibitions with an opening reception during Art Walk on Friday, March 6 from 6 to 10 p.m. The Grand Atrium will feature impressionist

artist Heidi Schmitz in Munich Meets Fort Myers. In the Capital Gallery on the second floor, award-winning photojournalist Stephen Hayford will be showing realistic, and sometimes exaggerated, portraits of human behavior in plastic. His unique diorama show is titled Plasticity.

Born in Munich, Germany, Schmitz uses colors and techniques that reflect a European flair not commonly found in

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All Florida Juried Exhibit At Alliance



Feeling the Glow

images provided

The Alliance for the Arts will host the 34th annual All Florida Juried Exhibit from Friday, March 6 through Saturday, March 28. An opening reception will be held on March 6 from 5 to 7 p.m. This exhibition features pieces created by artists working in a variety of media from all



A Slice of Life

over the state of Florida.

Artists include Eileen Amster, Cynthia Barbanera-Wedel, David Belling, Della Boynton, Mila Bridger, Stephen Buffer, Deborah Butler, Marcy Calkins, Dennis Church, Carol Coates, Steve Conley, Michael Danley, Taylord Dezeme, Kathleen Durdin, Sharon Eng, Alejandro Estrada, Stacey Fletcher, Muffy Clark Gill, Kristin Herzog, Del Holt, Priscilla Jeffcoat, Pamela Jones, Jay Lana, JoAnn LaPadula, Jean Mau, Dave McFarlane, John Merchant,

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The Mermaid Crown by Todd Alan

photo provided

Sanibel Shell Festival Opens Next Thursday

After months of planning and preparation, the 83rd annual Sanibel Shell Festival – the most prestigious competitive shell show in the county – is almost here. It will be held

on Thursday and Friday, March 5 and 6 from 9 a.m. to 5 p.m. and on Saturday, March 7 from 9 a.m. to 4 p.m. at The Community House on Sanibel. This year's festival will feature the magnificent Mermaid Crown.

The Mermaid Crown is the creation of jewelry designer and artist Todd Alan from Sarasota. The crown is approximately four inches tall, seven inches wide and eight

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A Play To Think About At Lab Theater



From left, Scott Davis, Paul Graffy, Heather Johnson, Annette Trossbach, TJ Albertson and Stephen Coe

photo by Sisk Media

by Di Saggau

The Laboratory Theater of Florida is a thinking theater and that definitely applies to its current production of *How to Transcend a Happy Marriage* by Sarah Ruhl. It explores the boundaries of monogamy and the limits of friendship when parents let their wild sides come out

of hibernation. It's about polyamory, the practice of being in multiple sexual and romantic relationships with the consent of those involved.

The play opens with married couple Jane (Heather Johnson) and Michael (Scott Davis) hosting their good friends, married

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Historic Downtown Fort Myers, Then And Now:

Anderson Corner



by Gerri Reaves, PhD

Physician Richard C. Anderson was one of Fort Myer’s earliest citizens and even had a major street named for him, but his name doesn’t come up much in discussions of local history today.

That’s partly because he died at the age of 65 on October 27, 1884, almost a year before Fort Myers voted to incorporate. That August 1885 vote to incorporation became official in March 1886.

It has been said that Anderson was the town’s first doctor – not counting the U.S. Army doctors at the fort, of course – but the arrival of Dr. William Hanson in 1884 puts

that assertion into question.

Anderson, who was originally from Virginia, owned a large parcel of land on the south side of Anderson Avenue between Monroe Street and Grand Avenue.

If the intersection of Anderson and Monroe doesn’t ring a bell, that’s because now that busy intersection is named Dr. Martin Luther King Jr. Boulevard (MLK Boulevard) and Monroe Street.

Anderson Avenue is said to have been named for the physician. Indeed, that street bears his name on maps as early as 1884. It’s common practice to name a street after a person whose land is bordered by the street.

Other local examples are Carson, Heitman and Dean Streets, as well as Park and Evans Avenues. In some cases, the landowners are almost forgotten, as is Anderson.

The *Fort Myers Press*’s first issue on November 22, 1884 advertised that at Mrs. MA Anderson’s drug store at First and Jackson, prescriptions would be carefully compounded by Manager HB Hoyer, who had moved to Fort Myers in March 1884.

That suggests that the physician’s widow, Mrs. Margaret A. Anderson,



Bob Dean Welding started in the mid-1940s on Anderson Avenue (MLK Boulevard) at Cottage Street. Note the street marker on the corner reading “Anderson Avenue.”
photo courtesy SWFL Historical Society



In October 2009, construction of the Justice Center parking garage at MLK Boulevard and Monroe was underway
photos by Gerri Reaves

temporarily carried on her husband’s business. However, it must have been a short-lived proposition. Hoyer had a short career as a druggist and soon went on to become a successful grocer, first for Harvie E. Heitman Co. and then with his own stores.

Today, the Anderson’s former neighborhood is dominated by large government buildings constructed since the 1990s. But for decades before that, it was a mix of industrial, retail and residential buildings in close proximity to one another.

In addition, from 1904 until the 1960s, the Atlantic Coastline Railroad essentially made a 90-degree turn at the Anderson-Monroe intersection heading to or from the packing house on the riverfront.

One of the best remembered businesses at that intersection is Bob Dean Welding, pictured in the undated historic photo. The business started in the 1940s
continued on page 6



The garage was completed in 2010 on land owned by Dr. and Margaret A. Anderson before Fort Myers incorporated in 1886. The garage is also a Lee County Public Art Project, Parallel Park, by Marylyn Dintenfass, 30,000 square-feet of digitized images on Kelvar/fiberglass fabric panels.

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THE RIVER
WEEKLY NEWS
FROM THE BEACHES TO DOWNTOWN FORT MYERS

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A Mediterranean “castle,” newly-built, largely furnished with European imports
photos provided

Zonta Home Tour On Sanibel Is A Rare Treat

submitted by Sue Denham

Consider a special day out on Sanibel Island, while helping the Zonta Club of Sanibel-Captiva raise money for area organizations whose work empowers women. The 19th annual “Peek at the Unique” by the Zonta Club of Sanibel-Captiva will again open doors to normally private

island homes on Saturday, March 14. This renowned event has delighted supporters every year and is a favorite with local residents, snowbirds and visitors. “Peeking” into adjacent homes “born” over 40 years apart will be one treat this year. “Peekers” will visit two homes at a single stop on the three-hour guided tour: one a modest single-story, transformed after a masterful top-to-toe remodel, and the other a brand-new, Mediterranean “castle,” three stories high. Both enjoy a lake view with a rookery island. Next are two homes in contrasting styles belong to well-known Sanibel



The Sanibel home of a recognized author is packed with items salvaged and repurposed to new glory residents who are friends and collaborators. The 40-year-old home of realtor and author Charles Sobczak and his wife, Molly Heuer, packed with recycled or reclaimed items, contrasts in numerous ways with the brand-new home of their friends, nature photographers Dick Fortune and Sara Lopez. Each is naturally unique – and intriguing. Rounding out the tour is a spectacular, near-Gulf residence designed with a focus on adaptability, planned so the fortunate owners could age in place. On two floors with a sparkling open pool, this home won five Design Excellence awards in



This artfully designed residence steps from the Gulf of Mexico was planned for future changes as homeowners grow older 2019 from the American Society of Interior Designers. Before boarding air-conditioned buses, guests will be offered “light bites” from Sanibel’s finest restaurants and caterers. Don’t delay for best choice of departure time! Every dollar in proceeds will make a huge difference in Southwest Florida. Zonta recently distributed a record \$104,700 in grants to local organizations working to improve the lives of women and girls. Tickets are on sale now at www.eventbrite.com for \$100 each (\$90 for afternoon departures, if available) plus a small service fee. All donations are tax-deductible per IRS guidelines. For information about Zonta, its partners and the “Peek,” visit www.zontasancap.com.✱



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Misty Morning by Diane Kuntz captured the blue ribbon

photos provided



Loren Ipsun by Sue Pink placed second

Beach Art Group Winners Of Spring Juried Show

On February 16, Fort Myers Beach Art Association (FMBAA) presented awards for their current show, Defying the Ordinary. Members of the art association submitted paintings for the exhibit which was juried and judged by artist Jane Slivka. The awards ceremony was preceded by a painting demonstration given by Joann Sanborn.

Artwork in this exhibit is available for viewing and purchase until March 6. First prize (Lucy B Campbell Award) was presented to Diane Kuntz for *Misty Morning*. Sue Pink was awarded second for *Loren Ipsun*. Third prize went to Dannica Walker for *Tulip Can Can*. Merit awards were presented to the following: Dorothy McDowell for *Rainbow Canal* and Robert Mueller for *Fridayeda*. Honorable mention awards went to Milly Pereira for *Paradise* and Nancy F. Morgan for *Any Blue Will Do*. The Special Awards were presented to Pam Flaherty for *Ever Singing* (Lee Ackert Award) and Julie Nusbaum for *Broken* (The Florida



Tulip Can Can by Dannica Walker took third

Watercolor Society Award). Studio 2 continues a new show titled Deux Amies des Arts, which features combined works of Michele Barron Buelow and Helma Gansen through February 20. The Group from San Miguels Allende Tour will be showing their work from February 22 through March 5. Member and instructor JoAnn LaPadula will open in Studio 2 on March 7 through 19 for her solo show, opening reception is Sunday, March 8 from 2 to 5 p.m. and is free and open to the public.

This show is followed by works of art from the FMBAA classes and workshops March 21 through April 2. After this show, the annual Student Show will take over the entire gallery. The Fort Myers Beach Art Association is located at 3030 Shell Mound Boulevard on Fort Myers Beach. For more information and workshops, visit www.fortmyersbeachart.com, email FMBAA publicity chair Pam Flaherty at fmbaapublicity@gmail.com, stop by the gallery, or call 463-3909.✧

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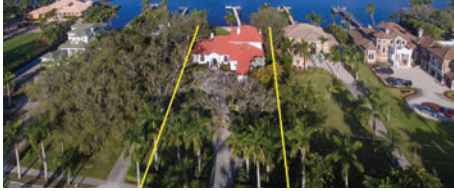
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Fort Myers Art:

Estates Hosting Two Art Talks On Wednesday



by Tom Hall

The Edison & Ford Winter Estates is hosting two art-related presentations by fine art conservator Jeremy Fogg on Wednesday, March 4.

The first is titled Real or Fake: How to tell if an oil painting is genuine, and will focus on inspection techniques, material identification and clues to look for when identifying the origin and age of a painting. Part of the monthly volunteer lecture series, the presentation will be held at 10 a.m. in the South Florida Water Management building at 2301 McGregor Boulevard in Fort Myers.

The second addresses the process of conserving oil paintings. To illustrate the subject, Fogg will examine paintings in the Edison Ford archives that need conservation work. Participants will be able to see a painting that has had conservation work done and will be unveiled for the first time in many years. This presentation begins at 6:30 p.m. and registration



Jeremy Fogg

photo courtesy www.artswfl.com

is required at www.eventbrite.com/e/art-conservation-talk-with-jeremy-fogg-tickets-90515338815.

Fogg is the owner of Anthony Moore Painting Conservation in York, Maine. He has restored, researched and sold works by some of the world's most famous artists, including Raphael, John Singer Sargent, Gilbert Stuart and Rockwell Kent. In January 2017, he and his business partners purchased the long-standing fine art auction house,

Barridoff Galleries, based in Portland, Maine.

Both presentations are free; however, donations are encouraged.

Edison & Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information, visit www.edisonford.org.

*Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.**

Tarpon Hunters Fishing And Tackle Clinic

The Fort Myers Beach Tarpon Hunters Club will hold its annual free tarpon fishing and tackle clinic at Bonita Bills Waterfront Café on Wednesday, March 4 at 7 p.m. The event is free and open to the public.

The guest speaker will be Capt. Chris Wittman, co-founder and program manager with Captains For Clean Water. Joining Wittman will be additional speakers discussing how to find and catch the mighty "silver kings" using various fishing techniques. There will be table top, instructional displays on the essentials of rigging and choosing the right baits.

Fort Myers Beach Tarpon Hunters Club is the oldest tarpon fishing club in the world. The club meets on the first Wednesday of each month in the Bonita Bill's community room.

Bonita Bills Waterfront Café is located at 702 Fisherman's Wharf on San Carlos Island. Contact Steve Johnson at 630-880-1023 or fmbtarponhunters@gmail.com for more information.*

Final Indie Movie Previews For 2020 Festival

The Sidney & Berne Davis Art Center will host the final Thank God for Indie Mondays (TGIM) of the season on Monday, March 2. Doors open at 6:30 p.m., while showtime is 7 p.m.

Join the judges and other attendees in screening films and discussing their merits and pitfalls for possible submission to the 10th annual Fort Myers Film Festival (FMff). Host Eric Raddatz and co-host Melissa Tschari DeHaven will be accompanied by four judges: Southwest Florida Community Foundation's Sarah Owen, SalusCare's Marc Collins, Valerie's House's Angela Melvin and Actress April Florio.

Tickets are \$10 for adults, and \$8 for students and seniors. There will be pizza from Capones, coffee from Bennett's and an afterparty at Blu Sushi downtown.

FMff will be held on May 6 through

10 at the Davis Art Center, Alliance for the Arts, Broadway Palm Dinner Theatre, Edison & Ford Winter Estates, Florida Southwestern College and IMAG with parties and dinners at Blu Sushi, Twisted Vine Bistro, Firestone and other select venues.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, visit www.sbdac.com/tgim-march-2nd-2020, www.fortmyersfilmfestival.com, or 333-1933.*

From page 2

Historic Downtown

at Cottage Street, which runs between Monroe and Grand. Note the pole-like street marker on the right reading "Anderson Ave." (Cottage Street, of course, did not exist when Dr. Anderson owned the land.)

In the mid-20th century, a used-car dealership and a furniture store were also on the Anderson block.

About a decade ago, the doctor's homestead became the site of the Lee County Justice Center's parking garage and a public art project.

In Marylyn Dintenfass's Parallel Park, 30,000 square feet of digitized images appear on Kelvar/fiberglass fabric panels.

Another less tangible but significant difference today is the changed street name. In September 1990, City Councilwoman Dr. Ann Murphy Knight proposed changing Anderson Avenue to Dr. Martin Luther King, Jr. Boulevard. After all, the street is an entryway to the city and runs through the historic black neighborhood of Dunbar.

Spirited public discussion and news articles followed.

On January 21, 1991, the City of Fort Myers officially changed the name to honor the great civil rights leader.

Walk down to MLK Boulevard and Monroe and envision the 1880s home of Dr. Richard Anderson. Then discover more pioneers and name changes at the following research centers.

The Southwest Florida Historical Society is an all-volunteer, nonprofit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Hours for the nonprofit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only. For more information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Visit the IMAG History & Science Center at 2000 Cranford Avenue or at www.theimag.org.

Sources: The Archives of the Southwest Florida Historical Society, the Fort Myers Press, and The News-Press.*

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Book Signings And Workshops

Author Susan Beckham Zurenda will speak and sign books at MacIntosh Books & Paper on Sanibel, 2330 Palm Ridge Road, on Wednesday, March 4 at 3 p.m. On Thursday, March 5, she will present a lecture-style workshop on Family Stories: Evoking Emotion in Your Characters at the Herald Court Centre at Florida Gulf Coast University at 10 a.m. Registration information is available online at www.fgcu.edu/academics/ced.

Also on March 5 at 6 p.m. at Copperfish Books in Punta Gorda, Zurenda will speak on the topic of Cousin Culture in connection to her novel. She will conduct a writing workshop on Friday, March 6 at 2 p.m. at the South County Regional Library, 21100 Three Oaks Parkway in Estero, and will speak at the Southwest Florida Reading Festival in Fort Myers at the Fort Myers Regional Library Campus, 2450 First Street, on Saturday, March 7.

Inspired by a real-life first cousin's tragic childhood accident in the late 1950s, *Bells for Eli* explores how one misstep changes the trajectory of a young boy's life and creates immense conflict in the lives of those around him in a time and place of supposed innocence in a small South town of the '60s and '70s.

Her novel is a distinctive coming of age story in which first cousins Ellison Winfield (Eli) and Adeline Green (Delia), living across the street from each other and born of parents from different social strata, grow extraordinarily close in childhood, in large part because of Eli's accident. As Eli encounters the bullying and shunning by schoolmates who don't understand and mock his disfigurement and frailty, achieving acceptance is torturous not only for Eli but for Delia who becomes her cousin's protector.

In adolescence, Eli appears normal



Susan Beckham Zurenda

photo by Anna Beckham

on the outside – a heartbreaker with a double standard – as he guards Delia's vulnerability when she ventures into a destructive romantic relationship. Determined as Eli is to rescue his beloved cousin, Delia is equally committed to saving Eli when he falls into the wrong crowd enamored with drugs. Eli and Delia's relationship grows into an incomparable love, blossoming into an intimacy that cannot be, for they know to love one's cousin is taboo. The novel concludes with Delia's discovery of a shocking secret that reveal truths about Eli she has never known.

Zurenda has won a number of awards for her short fiction, and has published short stories and nonfiction in numerous literary magazines and journals. With undergraduate and graduate degrees in English, she had a long teaching career on the college level and as an AP high school teacher. Zurenda now manages media relations for Magic Time Literary Publicity.✧

From page 1

Juried Exhibit

Kellen Mills, Lucy Nesheim, Gregory Presley, Whit Robbins, Roy Rodriguez, Sherry Rohl, Thomas Roth, Rita Schwab, Cree Scudder, Joel Shapses, Dale Smith, Paul Stackpole, Richard Stanton, Erin Stein, Grayson Stoff, Daniel Venditti, Christina Wyatt, Barbara Yeomans and Peter Zell.

Amanda Poss is this year's juror. She received her master of arts degree in art history from the University of South Florida in 2015 specializing in modern and contemporary art, and a bachelor of arts degree from the University of Saint Francis in Fort Wayne, Indiana in 2011. Poss currently holds the position of gallery director at Gallery221 at Hillsborough Community College Dale Mabry campus, where she also manages the public art program, Grounds4Art@HCC, and oversees a growing permanent art collection.

The opening celebration is free to attend and features a live performance by Gulf Coast Symphony. Poss will be on hand to present awards including

\$1,000 cash for Best In Show, a \$250 gift certificate for Golden Artists Colors for second place, \$100 cash for third place and Jurors Choice Award(s) of Alliance for the Arts membership(s).

There will be a conversational tour through the gallery with the juror on Saturday, March 7 at 10 a.m. during the Alliance for the Arts weekly GreenMarket. Poss will discuss her selections for the exhibit, the context behind them and the environment of contemporary art in Florida today.

Works by local photographer Katy Canca Galli will be on display in the Theatre Lobby Gallery. Displaying her latest abstract works, Marie Collier will be on display in the Members Gallery.

Receptions and gallery talks are open to the public and do not require tickets or reservations. While the gallery admission is free, a \$5 suggested donation keeps Alliance programming affordable and accessible.

The All Florida Juried Exhibit is sponsored by Family Thrift Center.

Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, call 939-2787 or visit www.artinlee.org/allflorida.✧

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The Sanibel - Captiva Shell Club**

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Sanibel Community House
2173 Periwinkle Way**

Along The River

Edison and Ford Winter Estates will host the Jimmy Buffett tribute band, **Caribbean Chillers**, on the Ford lawn along the Caloosahatchee this Friday, February 28. Gates open at 5:30 p.m. and the concert begins at 6 p.m.

The band plays Buffett's top hits and crowd favorites. Bring a folding chair. A food truck and cash bar will be available. No coolers are permitted.

Online tickets before the day of the event are \$25 per person or \$20 for Edison Ford members. Tickets at the door are \$30.

Free parking is available in the main Edison Ford parking lot at 2350 McGregor Boulevard in Fort Myers. For more information or to purchase tickets, visit www.edisonford.org or call 334-7419.

Bonita Springs International Film Festival (BIFF) will be held at the Centers for the Arts Bonita Springs this Thursday, February 27 through Sunday, March 1.

The festival will include carefully curated narrative, documentary, animation and short films from around the world as well as workshops, demonstrations, and question-and-answer sessions with filmmakers, writers, directors and actors.

Thursday's opening night features live music, food and beverages. Awards Night and Filmmakers It's A Wrap Party will be held on Sunday.

The Centers for the Arts is located



Caribbean Chillers

at 10150 Bonita Beach Road SE in Bonita Springs. For more information, film schedule and tickets, visit www.artcenterbonita.org/biff.

Wood carvers of all levels will be exhibiting their carvings and demonstrating their various carving techniques at the annual **Wood Carving Exhibit** at the **Iona Gardens Civic Association** clubhouse this Saturday, February 29 from 10 a.m. to 2 p.m. There is no charge for admission or parking.

The Paradise Carvers Wood Carving Group will have carvings from recent competitions as well as completed projects and carvings in progress. Wood carving supplies and equipment will be available for purchase.

photo courtesy www.caribbeanchillers.com

The Iona Gardens Civic Association is located at 15720 Fern Drive in Fort Myers. For more information, contact Steve Wilensky at pamwilensky@yahoo.com.

Edison and Ford Winter Estates will kick off its first **Garden Party and Cocktail Chemistry Class** this Saturday, February 29 from 6 to 9 p.m. Attendees will receive a complimentary welcome cocktail, light hors d'oeuvres, a Moonlight Garden tour and entry to the new Ford's Factory art exhibit. Live music will be performed by David Rojas.

Tickets are \$30 for Edison Ford members, \$35 for non-members and \$40 on the day of the event. A Cocktail Chemistry Class is an additional \$20 for members and \$25 for non-members.

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information or tickets, visit www.edisonford.org or call 334-7419.

The **Southwest Florida**

Symphony continues its 59th season of pops concerts with Mashupalooza: Beyoncé to Beethoven at **Barbara B. Mann Performing Arts Hall** this Saturday, February 29 at 7:30 p.m.

Rising classical-pop fusion star Steve Hackman makes a highly anticipated return as conductor/composer/arranger of this concert. The event will also provide the occasion for a special announcement about the symphony's upcoming 60th season.

Tickets range from \$15 to \$109 and may be purchased online at www.swflso.org or at www.bbmanna.com, by calling the symphony box office at 418-1500 or the Barbara B. Mann Hall box office at 481-4849.

This concert has also inspired two social events, which will keep the party going all weekend. The first is a pre-concert gathering of the symphony's meetup.com group, Adventurous Audiophiles Unite, at LYNQ at 5:30 p.m., Tickets for the pre-concert gathering are \$35. Guests may register at www.meetup.com/adventurous-audiophiles-unite.

The second social event is the Hair of the Maestro: The Morning After Concert Cure on Sunday, March 1 from 11 a.m. to 3 p.m. It includes a meet-and-greet with Maestro Hackman and a round-trip shuttle service on a luxury coach from the symphony's office to the Seminole Casino Hotel, the after party's venue, where guests will be treated to heavy hors d'oeuvres, a poolside open bar and a musical appearance by Maestro Hackman. A limited amount of tickets will be sold for this opportunity to interact with classical crossover music's hottest rising star. Tickets are \$100 each and may be purchased by visiting www.swflso.org, or by calling the symphony's box office at 418-1500.*

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James Taylor Cover Band At Davis Art Center

The third Vinyl Vibes concert of the retro records series at the Sidney & Berne Davis Art Center will feature Fire & Rain – The James Taylor Experience on Friday, February 28. Cocktail hour begins at 7 p.m., while the performance starts at 8 p.m.

Greg Pitts fronts Fire & Rain – The James Taylor Experience, a veteran group that has come together to pay tribute to one of the greatest singer/songwriter/guitarists of all time. Pitts' look and sound will take you back to the early days of James Taylor's career. He spent years learning the distinctive finger-picking style employed by Taylor, incorporating it into his live performances.

Tickets are \$45 for general admission and \$59 for VIP access.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information and tickets, visit www.sbdac.com/fire-and-rain or call the box



Greg Pitts of Fire & Rain – The James Taylor Experience photo provided

office at 333-1933.

Resurrection – A Journey Tribute band will close out the Vinyl Vibes series on Saturday, March 7.*



The Queen's Cartoonists

Cartoon Classics At Shell Point

Shell Point Retirement Community's 2019-2020 Fine and Performing Arts Series continues with a performance by The Queen's Cartoonists at The Village Church auditorium on The Island at Shell Point on Thursday, March 5 at 7 p.m.

The Queen's Cartoonists will play music from classic cartoons and contemporary animation. The performances are synchronized to video projections of the original films, and

the band leads the audience through a world of virtuosic musicianship, multi-instrumental mayhem and comedy. Tying this diverse concert together are comedic anecdotes involving the cartoons and their composers.

During this performance, expect to hear a repertoire that will include the Golden Age of animation, cult cartoon classics, modern animation and elements of a musical circus.

The Village Church auditorium on The Island at Shell Point is located at 15100 Shell Point Boulevard in Fort Myers. Tickets are \$40. To purchase tickets, visit www.shellpoint.org/ concerts or call 454-2067.✱

photo provided

LCDAS Meeting On Kitten Season Monday

Spring will arrive soon, bringing with it the inevitable kitten season. Lee County Domestic Animal Services (LCDAS) will host a community meeting to discuss ideas for

the season, such as increasing spaying of mother cats as well as kittens, on Monday, March 2 at 2 p.m.

This event is for anyone interested in becoming part of a volunteer team through LCDAS. A positive attitude and good ideas are all that are requested.

LCDAS is located at 5600 Banner Drive in Fort Myers. For more information, visit www.leelostpets.com or call 533-7387.✱

Students Win National Award At Theater Festival

Students from Creative Theater Workshop in Fort Myers recently won a Freddie G Inspiration national award and earned other recognition at the 2020 Junior Theater Festival West in Sacramento, California. The Junior Theater Festival West united 2,200 students and educators from 48 educational musical theater groups representing 15 states, the District of Columbia, Australia, England and South Korea.

The Freddie G Inspiration Award is awarded to a group that touches the heart of adjudicators in a special way.

Creative Theater Workshop students presented selections from Disney's Frozen JR. for Nina Meehan, founder and executive artistic director of Bay Area Children's Theatre; and Australian actor, producer and director Daniel Stoddart, founder of Hunter Drama in Australia.

Nina Meehan said, "Creative Theater Workshop offered a moving retelling of a very famous story with creative staging and lovely voices." Added Daniel Stoddart, "The ensemble worked well



From left, Isabel Isenhower, Oscar-winning screenwriter, songwriter and novelist Dean Pitchford and Michelle Kuntze

photo courtesy James Barker Photography

to create beautiful formations, creating everything from a tree to a waterfall."

Creative Theater Workshop's Isabel Isenhower, Jacqueline Piles and Aakaysha Williams made it to the call-back for future shoots for "how-to" choreography

continued on page 18

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Reading Festival Preview Events

As a lead up to the 21st annual Southwest Florida Reading Festival, the Lee County Library System is hosting preview events at library branches across the county.

The Southwest Florida Reading Festival, a free one-day event held on the campus of the Fort Myers Regional Library, will be held on Saturday, March 7 from 10 a.m. to 4 p.m. Its objectives are to promote reading and literacy, increase awareness of the library’s programs and resources and foster partnerships between the Lee County Library System and the community. It is also an opportunity to share with the community the available resources and services at their local Lee County libraries with a library card. It aims to build a literate community by encouraging children to develop an interest in reading independently, which fosters an increase in vocabulary and improved writing skills.

In addition to the daylong community event, Lee County Library System invites everyone to attend preview programs. The first program is an author talk with Lisa Unger at the North Fort Myers Public Library, 2001 North Tamiami Trail NE, on Thursday, February 27 at 2 p.m.

Fort Myers Regional Library is located at 2450 First Street in downtown Fort Myers. For more information, to check out the entire list of preview programs or to secure an online donation to support the

festival, visit www.readfest.org or by call 533-4832.✽

Shell Factory To Host Clydesdales

The world-famous Budweiser Clydesdales are scheduled to make an appearance at the Shell Factory & Nature Park on Monday, March 2 from 2 to 4 p.m.

Harnessed and hitched to the famous red beer wagon, the eight-horse team will be on hand for a variety of photo opportunities. Horses chosen to represent the hitch must be at least three years of age, stand approximately 18 hands, or six feet at the shoulder; weigh an average of 2,000 pounds, be bay in color, have four white legs, have a blaze of white on the face, and have a black mane and tail.

A single Clydesdale hitch horse consumes up to 25 quarts of feed, 50 pounds of hay and 30 gallons of water per day. Each hitch travels with a Dalmatian, whose breed, in the early days of brewing, was bred and trained to protect the horses and guard the wagon while the driver would make deliveries.

“We are so excited to have the beautiful Budweiser Clydesdales visit us again this year,” said Pam Cronin, owner of the Shell Factory & Nature Park. “We look forward to sharing the honor and experience with local residents and visitors. For someone

who has never seen the Clydesdales in person, it is a spectacular show.”

Shell Factory & Nature Park is located at 16554 North Cleveland Avenue in North Fort Myers. Visit www.shellfactory.com for more information.✽

Spring Nationals Car Show

Roadhouse Promotions will present the SWFL Spring Nationals Car Show at Lee County Fairgrounds on Saturday, March 21 from 9 a.m. to 3 p.m. There will be hundreds of show cars, food, music, vendors, large swap meet and live entertainment by Backlash.

Cost for admittance is \$10, while children age 12 and younger and active military will be admitted free. A portion of the proceeds benefit the United Cerebral Palsy organization of Southwest Florida.

Lee County Fairgrounds is located at 11831 Bayshore Road in North Fort Myers. For more information, visit www.rpcharities.com.✽

Garage Sale At Church

Gulf Coast Church of Christ will host a huge garage sale on Friday, March 6 from 7 a.m. to 5 p.m. and Saturday, March 7 from 7 a.m. to 1 p.m.

Items for sale include furniture,

clothes, tools, household, books, bikes, jewelry, children/baby items and much miscellaneous. Food and beverage will be available for purchase. Cash and credit card accepted.

Gulf Coast Church of Christ is located at 9550 Six Mile Cypress Parkway in Fort Myers. Call 936-4554 for more information.✽

Antique Car Show Rescheduled

Due to local thunderstorms, the Annual Antique Car Show at Edison and Ford Winter Estates was cancelled and has been rescheduled for Saturday, March 21 from 10 a.m. to 2 p.m. Classic car owners and club members will exhibit more than 100 cars on the Ford estate lawn as a tribute to Henry Ford, the pioneer of the automobile industry.

Along with the car show, there will be music and a food truck. Visitors can tour the gardens, museum, laboratory and see the historic homes. This family event is free for Edison Ford members and \$25 for non-members, which includes a self-guided tour of the entire site.

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. Tickets may be purchased at www.edisonford.org or at the Estates ticket counter.✽

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION Service 9, and 11 a.m. Children’s RE, Adult Education Forum 10 a.m., www.allfaiths-uc.org, 2756 McGregor Boulevard, 226-0900. **ALL SAINTS BYZANTINE RITE CATHOLIC** Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.

ANNUNCIATION GREEK ORTHODOX Sunday 9 and 10 a.m., www.annunciation.flgoarch.org, 8210 Cypress Lake Drive, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS Friday Shabbat at 7 p.m. www.batyam.org, 2050 Periwinkle Way, 579-0296.

BETH YESHUA MESSIANIC SYNAGOGUE Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE 10 a.m. Sunday and 7 p.m. Tuesday, www.simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.

BREAD OF LIFE MINISTRIES Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

CHABAD LUBAVITCH ORTHODOX Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.

CHAPEL OF CYPRESS COVE Sunday 10 a.m., www.revtedalhouse@aol.com 10200 Cypress Cove Circle, 850-3943.

CHURCH OF THE CROSS Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

CONGREGATIONAL Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978.

COVENANT PRESBYTERIAN Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CROWN OF LIFE LUTHERAN CHURCH AND CHRISTIAN ACADEMY Sunday 8 and 10:45 a.m. Jan 1 - Easter; 9 a.m. after Easter - Dec 31. www.crownoflifelutheran.com. 5820 Daniels

Pkwy, 482-2315. **CYPRESS LAKE BAPTIST** Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN Sunday 8, 9, 10 and 11 a.m. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.

CYPRESS LAKE UNITED METHODIST Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH UNITED METHODIST Sunday 8:45 and 10:30 a.m., 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christiansciencefortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801.

FIRST CHURCH OF THE NAZARENE Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.

FIRST UNITED METHODIST CHURCH Sunday 9:30 a.m. and 5:30 p.m. www.fumcftmyers.org, 2466 First Street, 332-1152.

FORT MYERS CHRISTIAN Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST; Sunday 10 a.m., 8210 College Parkway, 482-3133.

FIRST PRESBYTERIAN CHURCH OF FORT MYERS 11 a.m. Sunday, www.fpcfmyers.org, 2438 Second Street, 239-334-2261

IONA-HOPE EPISCOPAL CONGREGATION Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.

KINGDOM LIFE Sunday 10:30 a.m., 2154 McGregor

Boulevard, 218-8343. **LAMB OF GOD** Sunday 7:45 and 10 a.m., www.lambofgodchurch.net, 19691 Cypress View Drive, 267-3525.

NEW BEGINNINGS CENTER Friday 6:30 and 7 p.m. nbcministry@embarqmail.com, facebook.com/nbcministry, 8505 Jenny Cae Lane, 656-0416.

NEW COVENANT EYES Monthly 9 a.m., www.newcovenanteyes.com, 1900 Park Meadows Drive, 220-8519.

NEW HOPE BAPTIST Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

NEW HOPE PRESBYTERIAN Sunday 8, 9:30 and 11 a.m., www.newhopefortmyers.org, 10051 Plantation Road, 274-1230.

PEACE COMMUNITY Sunday 10:30 a.m. www.peacecommunitychurch.com, 17671 Pine Ridge Road, 267-7400.

PEACE LUTHERAN Sunday 8 and 10 a.m., www.peaceftmyers.com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.

REDEEMER LUTHERAN Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD 8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER Meditation classes. www.MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE

METROPOLITAN Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY Sunday 9:30 a.m., www.saintnicholasmonastery.org, 111 Evergreen Road, 997-2847.

ST. VINCENT DE PAUL CATHOLIC Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.

TEMPLE BETHEL SYNAGOGUE Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel.com, 16225 Winkler Road, 433-0018.

TEMPLE JUDEA (CONSERVATIVE) Friday 6:30 p.m. and Saturday 9 a.m., www.tjswfl.org, 14486 A&W Bulb Road, 433-0201.

THE FAITH CENTER Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638.

THE NEW CHURCH Sunday 11 a.m., www.newchurchflorida.com, 10811 Sunset Plaza Circle #401, 481-5535.

UNITARIAN UNIVERSALIST Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.

UNITY OF FORT MYERS Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.

WORD OF LIFE Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

ZION LUTHERAN Sunday 8, 9:30 and 10:45 a.m., www.zionfm.org, 7401 Winkler Road, 481-4040.✽

CROW Case Of The Week:

Osprey

by Bob Petcher



The osprey (*Pandion haliaetus*) is a large hawk with brown wings and white underparts. You can find these creatures near water as they are excellent anglers that average a 70 percent

success rate in snagging fish when diving for them just under the water's surface.

What makes an osprey so successful in fishing may be its unique toe structure. Unlike most other hawks, they reportedly have a reversible outer toe that lets them grasp fish with two toes in front and two behind. That function and barbed pads on the soles of their feet definitely aid in grasping slippery fish. Interestingly, an osprey is smart enough to line up its catch head first for less wind resistance.

At CROW, an adult osprey was admitted from Cape Coral after being seen standing on a rock in a canal for two days. The finder also saw the bird swimming and attempting to fly, but with no luck on the latter motion.

Upon intake, the bird was alert, mildly dehydrated and had a slight wing droop. Radiographs confirmed a fracture of the clavicular and coracoid bones on the chest and shoulder, according to Dr. Mariah Lancaster, CROW veterinary



Patient #20-392 had to wear a body wrap for 18 days with physical therapy in between bandage changes

photo by Brian Bohlman

intern.

"It is in fact two fractures on the same side of the body, one of the clavicle – collarbone – and the other of the coracoid," she confirmed.

The bird received pain medicine and was placed in a body wrap to hold the fracture in place. The bird has received physical therapy under general anesthesia every few days to maintain its range of motion, and bandage changes as needed.

"Physical therapy is performed every three days while in a body wrap – bandaging that includes the body

and affected wing," said Dr. Lancaster.

"We pre-medicate with pain medication and sedation, and sometimes perform physical therapy under general anesthesia if the fracture is particularly painful or the patient is particularly reactive. The physical therapy itself takes about 10 to 15 minutes, with warm compressing of joints, then multiple rounds of extending and bending the limb."

The osprey has been in the clinic for more than two weeks. It appears to be behaving like a model patient.

"The body wrap remained in place

for 18 days, then we're continuing cage rest for another three to five days, when we may transition him to an outdoor cage," said Dr. Lancaster. "Once out of the body wrap, the patient performs their own physical therapy through normal exercise."

The patient has been eating whole fish on its own, something CROW officials pointed out most osprey patients do not do.

"It is impossible for us to identically mimic wild caught live prey, an osprey's typical diet, with frozen-thawed fish in captivity. In order to tempt the patient to eat, we will offer fish both whole and in pieces to see what they are most likely to eat," said Dr. Lancaster. "We also supplement their indoor diets with vitamins and minerals."

Even with the extent of the injury including two fractures, the patient is expected to make a full recovery and be released in due time.

"The patient remains indoors at this time, and is doing well at this time. It will be transitioning to an outdoor enclosure later this week, then will be deemed releasable once it is fully flighted and has regained normal function," said Dr. Lancaster.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.✪

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Goodbye Early Spring



by Capt.
Matt Mitchell

After what was an amazing week of spring fishing, the bottom fell out overnight as a strong cold front crashed the party. This drastic temperature crash

along with a couple of days of strong winds kept us off the water. After a extended time of warm conditions, this cold front felt extreme and was a reality check that it's still only mid-February and not May.

Before the front with water temperatures up to 78 degrees, anglers had just begun to catch early season tarpon. I ran across full size tarpon in the sound several times this past week. I saw laid-up fish in clear water around Captiva, then again rolling in the marker No. 18 ditch. Though I did not fish them, I saw and heard of other Captains catching them. Early season tarpon fishing is all about water temperature. These fish do not carry a calendar, so when the water temperature is in the mid 70s, they just appear.

Sight-fishing for snook around the passes was my fishing of choice this week. All of our passes held huge

numbers of snook on what seemed like any downed tree or piece of structure. Spotting these fish and pitching live shiners to them was all it took. This nonstop snook action was amazing with many multiple hook-ups for happy clients. Nuisance dolphins often made us move on as they would grab our hooked fish. No matter how great the snook bite is, if the dolphins come in on you, it's time to move.

Big jack crevalle were also found in large numbers in and around the passes too this week. These fish may be one of the most underrated gamefish we catch; they are crazy strong and super aggressive. Watching them follow a hooked pack member up to the boat is always exciting. These hungry schools of jacks usually don't show up till spring, though with so much bait around and warm water, they are here early also.

Great news for anglers this week. The Florida Fish & Wildlife Conservation Commission has decided to continue the closure of snook, trout and redfish for our region until at least May 2021. These fisheries have been catch and release only since the destructive red tide of 2017-18. This is fabulous news for our fishery as it will let the amazing recovery we are experiencing continue.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ❄️



Fritz Neubauer from Ohio got in on the amazing snook action with Capt. Matt Mitchell this week photo provided

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Calusa Palooza Concert For Clean Water

Water quality takes center stage as Calusa Waterkeeper presents Calusa Palooza 2020, a day-long, family-friendly, water-themed festival culminating with a double-header rock show, at Centennial Park on Sunday, March 22 from 10 a.m. to 9 p.m. in Centennial Park in downtown Fort Myers.

The music headliner for the Concert for Clean Water is Hotel California, the original Eagles tribute band. Also performing will be St. Petersburg's Elly and Company.

The day starts with free, family-friendly, water-themed educational and entertainment activities in Centennial Park from 10 a.m. to 2 p.m., including kayak and paddle board races, paleontology exhibit, nature workshop, master naturalist exhibit, boating safety training, fishing tutorial for kids, Calusa Waterkeeper Ranger testing demo, on-land rowing demonstration, musical entertainment, live mermaid show, vendors and food trucks.

At 4 p.m., the event segues into the Concert for Clean Water, a ticketed music festival featuring food trucks, vendors and beer sales. Elly and Company will play country, rock, blues, 60's surf music and R&B music on the main stage until 6:30 p.m., followed by

Hotel California, from 7 to 9 p.m.

"Calusa Palooza has something for everyone," stated Calusa Waterkeeper Executive Director and Event Producer KC Schulberg. "We're thrilled to bring the entire community together for fun activities and a rock concert along the waterfront all to support clean water."

Early Bird tickets for the Concert for Clean Water featuring both rock bands are currently available starting at \$18 for general admission. The Early Bird \$35 VIP tickets include access to front of stage seating. Chairs will be provided. The Early Bird \$50 VIP Plus Parking tickets include premium parking within 400 feet of the stage, plus front of stage seating and chairs. There is free admission for children under age 10.

During the week prior to the Calusa Palooza festival and Concert for Clean Water, Calusa Waterkeeper, in partnership with Keep Lee County Beautiful, will spearhead the largest ever clean-up of our waterways in our region's history from March 14 to 22. For more information on the clean-up, visit www.signupgenius.com/go/805094aaaaa2ca4f49-calusa.

Sponsors include Breeze Newspapers, Keep Lee County Beautiful, Coastal and Heartland National Estuary Program (CHNEP), *Natural Awakenings* magazine and *Happenings* magazine.

Centennial Park is located at 2000 West First Street in downtown Fort Myers. Sponsorship opportunities are still available. For more information, tickets or sponsorship, call 784-0880 or visit www.calusawaterkeeper.org.✱

Plant Smart

Bahama Brake

by Gerri Reaves

Bahama brake (*Pteris bahamensis*) is native to pine rocklands, hammocks and sinkholes in Florida south of Lake Okeechobee and in the Florida Keys.

This member of the brake, or maidenhair, fern family is listed by the State of Florida as threatened – no wonder, since its natural habitats have long been under threat.

In addition, it is threatened by hybridization with non-native ferns.

Seven Florida native species are included in the genus *Pteris*, including leather ferns and shoestring fern, but two are thought to no longer be extant in the state.

This plant's other common names are Bahama ladder brake, plummy ladder brake and pineland brake fern.

A terrestrial fern, it creeps along the ground or grows in crevices and pockets on oölitic limestone. Clusters of erect arching fronds grow up to two feet tall.

The linear leaflets have smooth or slightly toothed edges and forked veins. Fronds have a terminal leaflet.

Use this long-lived fern in natural landscapes or rock gardens. Give it full sun to light shade and moist soil.

It has high drought tolerance but low tolerance of brackish or salt water, spray, or wind.

Propagate it by dividing the clumps or cultivating the spores.



Bahama brake is listed as threatened by the State of Florida photo by Gerri Reaves

Cutting back the dead fronds simulates the work that natural fires would do in the wild and encourages attractive new growth.

Be sure to acquire specimens of this threatened plant from a nursery specializing in native plants. Taking ones from the wild is illegal.

Sources: *The Ferns of Florida* by Gil Nelson, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, www.efloras.org, www.fnps.org, www.regionalconservation.org.

Plant Smart explores the diverse flora of South Florida.✱

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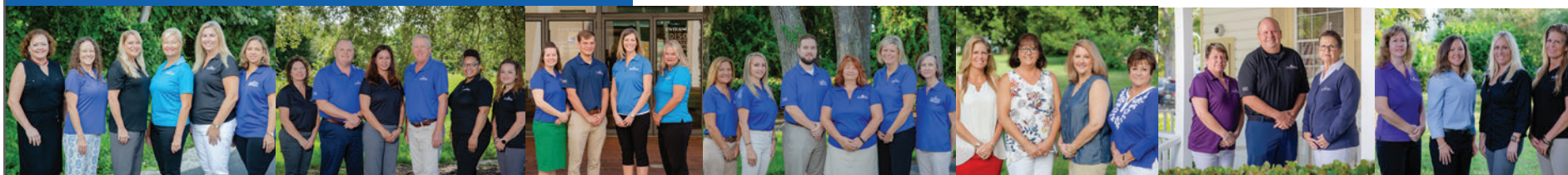
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Impact Grant Goes To Calusa Waterkeeper

Calusa Waterkeeper (CWK) recently received a substantial grant from the Southwest Florida Community Foundation for health and safety initiatives. As part of the Community Foundation's 2020 Community Impact Grants, Calusa Waterkeeper received more than \$36,000 in funding this year for their Public Health and Water Quality goals. Calusa Waterkeeper's objectives for the project are to regularly inform the public about water quality issues and their health impacts through community presentations, print and broadcast media, news interviews, social media and monthly newsletters.

CWK President Ruth Watkins recently accepted the grant on the organization's behalf at the Collaboratory in Fort Myers. "We would like to thank the Southwest Florida Community Foundation and its CEO, Sarah Owen, from the bottom of our hearts. The Community Impact grants have been vital to Calusa Waterkeeper's initiatives the last couple of years," stated Watkins.

"This will significantly leverage up our grass roots efforts and budget, allowing us to continue important work at the nexus of public health and water quality," added CWK's Executive Director, KC Schulberg. With a background in film-making, Schulberg plans to produce a documentary focused on public health threats from harmful algal blooms, fecal bacteria and flesh-eating bacteria.

In 2019, a grant from the Community Foundation helped realize CWK's first film *Troubled Waters - Public Health Impacts of Harmful Algal Blooms*. That documentary has been shown throughout South Florida and has received interest both nationally and internationally. While harmful algal blooms have become an increasingly hot topic after historic blooms such as the one experienced in Southwest Florida in 2018, the Calusa Waterkeeper organization (originally known as Caloosahatchee Riverwatch) has been tirelessly advocating on these issues since 1995.

This year's grant initiative includes over \$13,000 earmarked for independent water quality testing and associated equipment, which will bolster the organization's in-house ability to test for a different type of water pollutant – fecal indicator bacteria (FIB). "We used to think Billy's Creek [in Fort Myers] was an anomaly, but now there is evidence from many locations which indicate that fecal contamination is becoming more widespread in Florida," said Calusa Waterkeeper John Cassani. In the organization's FIB testing, water samples from local waterways are collected by a force of volunteer rangers that the organization has recruited and trained since 2016. The FIB water samples follow a strict chain of custody before being incubated and tested by two other rangers with professional lab



Ruth Watkins and Sarah Owen

photo provided

experience. The organization posts the results on social media and its website.

According to Cassani, increasing the Calusa Waterkeeper's equipment and testing budget will help them expand into source tracing monitoring other potentially dangerous bacteria, such as *Vibrio vulnificus*, often referred to as "flesh-eating bacteria." Screening tests for *Vibrio* can cost around \$450 per sample when processed by a third-party lab.

The group's independent monitoring is designed to fill in the gaps between various government jurisdictions and help with public awareness when "hot spots" appear. The organization also hopes to compel state and local agencies, such as the Florida Department of Health and county governments, to more effectively notify the public of bacterial contamination present in our waterways and to properly deploy advisory signage.

Calusa Waterkeeper will continue to strengthen partnerships with Florida Gulf Coast University, Lee Health and area physicians and caregivers to deliver the latest data on water quality and public health threats.*

Garden Center To Host Seminars

All Native Garden Center, Nursery & Landscapes will host a series of Spring seminars on the following Sundays from 1 to 3 p.m.

- March 1 – Butterfly Gardening
- March 8 – Creating a Florida Friendly Landscape: 9 Principles
- March 15 – Florida Native Wildflowers
- March 22 – Bird Gardening
- March 29 – Creating a Wildlife Habitat

April 5 – Preparing Landscapes for Summer Season

If you would like to attend, email john@nolawn.com with your full name, which session you would like to attend, and any guests you may be bringing.

All Native Garden Center, Nursery & Landscapes is located at 300 Center Road in Fort Myers. For more information, visit www.nolawn.net.*

CROW Speaker Series On Burrowing Owls

The Clinic for the Rehabilitation of Wildlife (CROW) weekly Speaker Series continues with Living with Burrowing Owls by Beverly Saltonstall, volunteer for Cape Coral Friends of Wildlife, in the CROW Visitor Education Center on Tuesday, March 3 at 4:15 p.m.

Cape Coral has the largest population of Burrowing Owls (*Athene cunicularia floridana*) in Florida, with an estimated 1,000 nesting pairs and an upwards of 2,500 burrows within the city limits. While the owls are quite tolerant of humans, their homes are still being threatened. Come out to learn about their habitat and hunting characteristics so you can cohabitate with this species.

Presented by LCEC, Speaker Series programs are approximately one hour in length. Cost is \$10 for adults, \$5 for teens (ages 13 to 17) and free for children age 12 and younger. Space is limited and events do sell out, so advanced registration is highly



Burrowing Owl

photo provided

recommended.

The CROW Visitor Education Center is located at 3883 Sanibel Captiva Road on Sanibel. For a full schedule of talks, more information or to register in advance, visit www.crowclinic.org/articles/2020-speaker-series-presented-by-lcec.*

Contract For Clearing Creeks And Waterways

The Lee Board of County Commissioners recently approved a contract to allow two vendors to mobilize quickly to remove debris and vegetation from waterways and creeks following major storms to improve flow and reduce the impact of potential flooding.

Contracts were awarded to Aftermath Disaster Recovery, Inc., as the primary vendor and TSI Disaster Recovery, LLC, as the secondary vendor, on an as-needed basis for an initial one-year period. The contracts will allow the county to act swiftly after a major storm event to clear clogged or obstructed waterways in order to improve flow and reduce the impact of potential flooding.

The solicitation and contracts comply with federal reimbursement regulations, so any expenses incurred would be eligible for FEMA reimbursement. No expenditures are planned for this fiscal year unless there is a major storm event.

The emergency response preparations are part of ongoing effort by the Board of County Commissioners, which has set policies and directed major investments in the millions of dollars for both water quality and flood resiliency efforts in recent years.

In March 2018, the board directed a three-phase, comprehensive plan for both short-term and long-term flood resiliency efforts that included a \$1.9 million Southern Lee County Flood Mitigation Study, sediment removal in Ten Mile Canal, canal and ditch cleaning in areas such as Island Park and the Villas, administration of East Mulloch Water Control District projects, a maintenance agreement with the South Florida Water Management District for 13 rivers and creeks, and a \$3 million capital investment

budgeted in 2018 for flood mitigation projects.

In January, Lee County was awarded \$7.1 million through the Florida Department of Economic Opportunity's Rebuild Florida Infrastructure Repair Program for flood resiliency spending, which will allow Lee County to step up the pace of drainage improvements in the Mulloch Creek basin.*

Calusa Blueway Speaker Series On Paddling Voyage

Adventurer Victoria Burgess will recount her voyage Cuba to Key West on a Standup Paddleboard at the Wa-Ke Hatchee Recreation Center on Tuesday, March 3 at 6:30 p.m.

Burgess set a world record when she paddled from Cuba to Key West on a standup paddleboard (SUP). The 115-mile crossing took 27 hours and 48 minutes through winds up to 12 mph and waves four feet high. During her program, she will discuss preparing for her journey, challenges throughout the paddle and what motivated her to take on the epic adventure.

The presentation is the last in a series of free Calusa Blueway-related programs.

"After hearing Victoria's interview about the crossing, I knew we had to have her come share her adventure with us," said Calusa Blueway Coordinator Mike Hammond. "The mental and physical aspects of standup paddling that far in the dark and not to be able to see where the waves are coming from is incredible."

Wa-Ke Hatchee Recreation Center is located at 16760 Bass Road in Fort Myers. For more information, contact the center at 432-2154. Trail information is at www.calusablueway.com or www.leeparks.org/blueway.*

Sea Turtle Released After Skull/Face Injuries

The Clinic for the Rehabilitation of Wildlife (CROW) released a juvenile green sea turtle on February 19 following more than three months of recovery from a fractured skull and other injuries to its face.

The turtle first arrived at the wildlife hospital in critical condition on November 4, 2019 after being rescued from the Boca Grande pass by staff at the Sanibel Captiva Conservation Foundation (SCCF). CROW veterinarians assessed the turtle and found it to have multiple severe fractures on either side of its face/skull and a fractured plastron, or undershell. The fractures appeared to have been caused by some type of blunt trauma.

In the days following admission, the team of veterinarians and staff worked to control infections in the injured areas with localized and broad spectrum antibiotics. Despite the severe injuries, the turtle maintained a healthy body weight and was alert and responsive.

"Given the extent of the head injuries, it was surprising that this turtle was even alive and responsive," said Dr. Robin Bast, the staff veterinarian at CROW. "We knew it was going to be an uphill battle from the beginning."

Bloodwork, radiographs and a CT scan helped show the extent of the damage and determine the turtle's treatment plan. It underwent multiple surgeries to



CROW volunteers release a juvenile sea turtle that was in the clinic's care since early November 2019

photo provided

remove infected and dead tissue along with continued antibiotic treatments and pain medication. Over time, the infections became resistant to the antibiotics being used and required more detailed testing to find medications that would be successful in fighting the bacterial infections.

As the injuries began to heal and the infections cleared, the turtle began further rehabilitation. The injuries to its face limited the use of its jaw which affected its ability to eat. "We weren't sure if this turtle was ever going to regain

function in its jaw and be able to eat on its own," said Dr. Bast. "So, it was a huge stepping stone in its journey to being able to be released." Over a few weeks, rehabilitation staff helped the turtle learn to eat on its own again.

After more than three months of medical care and rehabilitation, the turtle was finally cleared for release. The turtle was tagged with flipper tags and a passive integrated transponder (PIT) tag prior to being released a few miles off the beach at South Seas Resort on Captiva Island.*

Photography Exhibit On Cuba

The IMAG History & Science Center will feature an exciting, new photography exhibit at the museum called Cuba: The Natural Beauty by Clyde Butcher from Friday, March 6 to Sunday, May 31. The award-winning photographer, conservationist and humanitarian was invited to photograph the mountains of Cuba for the United Nations Conference for the Sustainable Habitat of the Mountain.

Emmy Award winning filmmaker Ken Burns said, "Like the work of Ansel Adams, Clyde Butcher's remarkable photographs give us an access to nature we rarely see or experience." In this exhibit, Butcher's photographic expeditions of Cuba take us atop mountain ranges to tropical plains and plantations; through dense forests to magnificent waterfalls and unspoiled beaches; over foothills to savannahs, salt creeks and secluded lagoons; and other diverse environments to experience the natural beauty, boldness and splendor of Cuba.

"Clyde Butcher's stunning black and white images capture the imagination in us while creating a heightened sense of wonder and peaceful tranquility," said Matt Johnson, executive director for the IMAG History & Science Center. "We are excited to present the photography of Clyde Butcher at the IMAG especially since we currently feature a documentary film about Cuba and since we are planning our

continued on page 20

Traffic Signals Slated For Beach

The Lee Board of County Commissioners recently voted to proceed with design of a traffic signal and intersection improvements at Estero Boulevard and Crescent Street on Fort Myers Beach as part of a larger effort to manage traffic congestion and to improve safety for pedestrians and bicyclists.

The signal at this intersection will be coordinated with a planned Town of Fort Myers Beach signal at Estero Boulevard/Old San Carlos Boulevard and a Florida Department of Transportation (FDOT)

signal at San Carlos Boulevard/Fifth Street to coordinate traffic flow. The Town of Fort Myers Beach has donated right-of-way for the county's intersection improvements.

Commissioners added the item as a supplemental task to a contract with David Douglas Associates, Inc., of Fort Myers, in the negotiated cost of \$104,695.

Funding for construction is budgeted with federal funds. Total project costs are estimated at \$1 million, with \$762,000 coming from FDOT for construction. Construction is expected to begin by early 2021.

For more information about the Lee County Department of Transportation, visit www.leegov.com/dot.*



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Superior Interiors

Decorating With Textiles



by Linda Coin

If you're thinking about refreshing your living room with new decor, consider decorating with textiles to add a touch of personality and a sense of vibrancy to the area. Introducing color and pattern can

create a comfortable, visually stimulating living room by including a variety of fabrics, textures and patterns in your key design elements.

Explore different wall coverings that could work in your space. Depending on your style goals and your room's existing furniture and accents, you may want wallpaper with intricate triangular designs that reflect a modern theme, or a wall covering that gives off the illusion of wood for more depth and a striking rustic appearance. There are a range of wall covering options that will work well with any existing design style. However, if you wanted to completely transform your space and introduce an entirely new style, changing up your living room with wall coverings is perhaps the easiest way to do so (as your walls are the foundation of your room) and decorating them with head-turning patterns and hues will quickly enrich your space.

Window treatments are another effective design feature that can bring an extra element of flair and texture to your space and can go a long way in transforming the area. They often take center stage as the focal point of the room, so do take advantage of the many colors, fabrics and styles at your disposal in today's marketplace. Note that there are, however, many decisions to be made in creating a custom window treatment. The fabric you choose, whether a solid or pattern is right for the room, the right fabric content (such as a cotton, a silk, or a blend), perfect length of the treatment, proper hardware selection, all contribute to the final product.

After you've chosen which key elements you want to change or add to your living space, deciding on your color palette is

the next step. The hues you select will help determine which type of patterns you should decorate with and how to layer them. Maybe a different shade of the same color for each textile will work best in your space. Or, you might want to try different hues that are next to one another on the color wheel, such as blues and greens, as these share the same undertones and effortlessly make a great pair.

If you're planning on layering multiple fabrics in one small area, sticking with a neutral color scheme will make this easier. An appealing combination may be shades of blue, tan, charcoal and taupe. We often suggest starting with solid sofas and chairs, and then adding throw pillows that incorporate your underlying neutral colorway and will also provide flexibility for updates in the future.

There are many different approaches you can take when it comes to layering your textiles. One popular strategy is choosing a single hue and layering it evenly throughout the room. For example, if you've chosen a soft blue shade as your primary color, layer it with your window treatments, area rugs and throw pillows and blankets. Continue by introducing a complementary pattern featured on an accent like an upholstered chair that incorporates a hint of your blue. This will pull the room's look together for a coordinated appearance.

If you're looking to incorporate a pattern into your space, but don't want to go too bold, try to include multiple, smaller designs. A small-scale floral pattern on your loveseat paired with a geometric design of similar size on your area rug, for example, will contribute texture without making the area feel overwhelming. Consider combining a large- and small-scale pattern, as this approach is known to establish a sense of harmony and balance throughout most areas. Experimenting with a single large-scale pattern and drawing different solid colors from the fabric will create other design opportunities for the rest of your accents and accessories.

As there are many components that go into decorating with textiles, working with a design professional will ensure you don't miss a step in the process and that you end up with a living room with more color, texture, depth and flair. Most importantly, it will be a room that you will love and be proud to share with friends and family.

Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindecaden.com.✱

Partnership For Specialty Pharmacies

Lee Health recently announced that it has begun offering clinic-based specialty pharmacy services. Specialty pharmacies provide additional support and education for patients suffering from chronic conditions, and the opening of the Lee Health Specialty Pharmacy advances Lee Health's goal of being active partners with patients to help them along their health care journey. The Lee Health Specialty Pharmacy is being developed in collaboration with Trellis Rx, a leading technology-enabled specialty pharmacy services provider.

Thousands of patients in Southwest Florida require specialty medication therapies to manage cancer, HIV, rheumatoid arthritis and other chronic conditions. These community members often require education, clinical support and ongoing management to adhere to their therapy regimens and manage side effects. Monthly out-of-pocket costs for these therapies can also reach thousands of dollars, making it challenging for patients to access and stay compliant with these vital treatments.

The Lee Health Specialty Pharmacy will address these challenges by integrating specialized pharmacists and patient liaisons directly into the specialty care practices to support

patients. This local, clinic-based approach will ensure patients receive the coordinated, personalized care required to improve adherence. Lee Health's physicians and their staff will also receive additional integrated support to relieve the administrative and clinical workflow burden caused by these complex therapies.

"Lee Health is committed to partnering with our community members on their health journey and providing nationally recognized best practice care right here in Southwest Florida," said Larry Antonucci, MD, MBA, president and CEO at Lee Health. "Offering specialty pharmacy services right in our practices allows us to offer more personalized support for our patients which will increase access to care, reduce costs, and most importantly enhance health outcomes for our community."

Patients will receive in-person medication education and ongoing counseling from pharmacists with advanced clinical training. Pharmacy liaisons will manage financial assistance applications, insurance authorizations, medication refills and more to reduce the burden specialty medications often create for patients and providers.

While the Lee Health Specialty Pharmacy has begun offering services in the Lee Physician Group Rheumatology clinic, services will be offered in the infectious disease and pediatric endocrinology clinics starting in March and will expand to other clinics throughout 2020.✱

From page 1

Davis Art Center

North America. Her style of mixed media abstracts strikes a wonderful balance between form and color. She employs various layers of acrylic paint and elements of coffee, tar, sand, rust and wax that give these works an unusual depth. Her paintings show charming landscapes, picturesque views and colorful still lifes.

Schmitz teaches regular courses with renowned artists in Italy, Austria, Germany and in the U.S. She also lectures at the People's University in Munich on the aquarelle technique.

Hayford has been documenting community issues for more than 20 years. In that time, he has photographed several world leaders, important cultural events, devastating storms and historical meetings. Hayford has worked with *The Palm Beach Post*, *Sun-Sentinel*, *Miami Herald*, *Rocky Mountain News* and other newspapers and wire services in Colorado, Ohio, Missouri and Florida. He became well-versed in Southwest Florida issues covering the area for nine years with *The News-Press*.

Hayford's work is noted for its versatility with great attention to light, detail and decisive moments. He is now applying these skills, along with exceptional talents in conceptualization, to markets beyond journalism. Hayford



Abstract art by Heidi Schmitz

image provided

creates elaborately detailed dioramas that he populates with customized action figures which are less than four inches tall. He then photographs these unique scenes with great attention to subtle gestures and compositional storytelling. Hayford's interest in plastics grew out of his childhood fascination for toys and passion for *Star Wars*. He channels this youthful passion as a freelance artist for Lucasfilm.

Both shows will be on display through March 27.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, visit www.sbdac.com or call 333-1933.✱

Airport Reports Record-Breaking January Traffic

During January, 1,132,103 passengers traveled through Southwest Florida International Airport in Fort Myers, an increase of 7.8 percent compared to January 2019.

The traffic leader in January was Delta Air Lines with 213,885 passengers traveling to and from Fort Myers. Rounding out the top five airlines were Southwest (188,439), American (144,365), Frontier (140,821) and Spirit (134,339).

Southwest Florida International

Airport had 10,162 aircraft operations, an increase of 8.8 percent compared to January 2019. Page Field saw 11,699 operations, a 25.5 percent increase from January 2019.

For more information, visit www.flylcpa.com or www.facebook.com/flyrsw.✱

Correction

In last week's review of *Kinky Boots* at Broadway Palm Dinner Theatre by Di Saggau, the wrong person was mistakenly listed as choreographer for the show. The choreography was done by Chris Kane, who deserved credit for his outstanding work. We apologize for the error.✱

Camps For Art And Musical Theatre

The Alliance for the Arts offers camp options including Summer Arts Camp for first through sixth graders and Musical Theatre Intensive Camp for seventh through 12th graders. Alliance member registration opens March 2. Non-member registration, teen volunteer applications and scholarships open March 16.

Summer Arts Camps allow children to explore visual arts, theatre and dance during eight different weekly sessions for an exciting summer experience. Weeks are packed with an eclectic mix of performing activities like storytelling, improv games and stage combat. Campers will also have the unique opportunity to follow great traditional and contemporary art masters through sketching, mixed media, collage and more. Choose your own art venture and build your dream summer.

There is an art exhibition and final stage performance each Friday afternoon. Camp runs from 9 a.m. to 4 p.m. with extended care available from 8 a.m. until 5



Participants of a previous Summer Arts Camp

photo provided

p.m. for a fee.

Class dates and themes include:

June 8 through 12: Comics & Characters

June 15 through 19: Wired World

June 22 through 26: Paint Parade

June 29 through July 3: Polynesian

Party

July 6 through 10: Hoopla in the ArtsPark

July 13 through 17: A Shore Thing

of all ages from anywhere in the world. Winning an award at this show means you have "reached the top."

There will be several authors present to sell and sign their books which include identification guides, shell fiction, and children's books. These authors include Jennifer L. Schiff, Ron Base, Harlan Wittkopf, Jane Kirschner, James Usavage, Karen Bartlett, Bev Dolezal, Alice Cypress and Amanda Collett.

Activities outside will include crafting demonstrations and a live tank of mollusks. Students from The Sanibel School will be on hand to answer your questions about the amazing creatures that live in shells.

While there is no entrance fee to the Shell Festival grounds, a \$5 donation is requested to attend the inside Shell Show. With a donation comes a half-price admission to the Bailey-Matthews National Shell Museum during the festival and a free bag of shells.

Parking is free and food and beverages are available for purchase.

For more information, call 472-2155 or visit <https://sites.google.com/site/sanibellshellfestival/>

The Community House is located at 2173 Periwinkle Way.✪

From page 1

Shell Festival

inches deep. For materials, Alan chose 14-karat green gold as the main metal accented with platinum. The stones on the crown include 60 clear diamonds, 22 teal diamonds, 28 green sapphires and three Paraíba-colored tourmalines.

There will also be a special non-competitive exhibit of the shell art of local artist Goz Gosselin. His shell flower arrangements and shadow boxes have received many top awards at previous Sanibel Shell Festivals and other competitions.

What can you expect to see at the Shell Festival? Shells, of course, but not only those you might find on the beach. Shells that come from around the world can be seen in fascinating exhibits. Over 200 exquisite works of art have been entered in the Shell Show. You can buy shells and art on the festival grounds and inside at the Shell Show. There will also be shell jewelry and other shell related items for sale as well as the 2020 Shell Festival T-shirt with men's and women's styles in multiple colors.

The Shell Show is open to competitors

July 27 through July 3: Broadway Palm Season Guide – Advanced

Both camps is \$175 per week for Alliance members or \$220 per week for non-members. Visit at www.artinlee.org/ join to become a member to receive early registration and a 20 percent discount.

Summer Arts Camp is sponsored by Family Thrift Center in Fort Myers

The Alliance for the Arts is located located at 10091 McGregor Boulevard in Fort Myers. For more information on Summer Arts Camp or Musical Theatre Intensive Camp, visit www.artinlee.org/ summercamp or call 939-2787.✪

LCEC Trustee Election For 2020

Since 1940, Lee County Electric Cooperative (LCEC) employees, guided by the board of trustees, have made a supreme effort to balance fiscal responsibility with the goal of improving the lives of those whom they serve. LCEC board members are elected by customers. The 10-member board sets policy and procedures and maintains financial strength while supporting employees who run day-to-day operations. Three-year terms are staggered in order to provide continuity.

Ballots for the 2020 LCEC Trustee Election will be mailed in March.

Instructions for voluntary voting are printed on the ballot, and include voting online or by phone. Election results will be presented at LCEC's annual meeting on April 16.

For more information on LCEC's current board and the nomination process, visit www.lcec.net.✪

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Book Review

The Girls With No Names



by Di Saggau

Historical fiction is my favorite genre, and I just finished reading another good one. *The Girls with No Names* by Serena Burdick is inspired by the real House of Mercy that existed

in upper Manhattan, and the girls who were confined there for daring to break the rules. Luella and Effie Tildon grew up in New York City in the 1910s as wealthy young women. When a shocking secret is discovered about their father Emory, oldest sister Luella rebels and leaves home.

Thirteen-year-old Effie, who was born with a heart condition, is convinced that her parents put Luella in the House of Mercy, an American version of the Magdalene laundries that plagued unfortunate Irish girls. On October 16, 1913, Effie concocts a plan to get admitted to the house, thinking she can rescue Luella. There she meets Mable, who is from an entirely different background. She must rely on her to survive.

The story is told chapter by chapter in the voices of Effie, Mable and Jeanne, Effie's mother. Luella and her father are also main characters, and there are

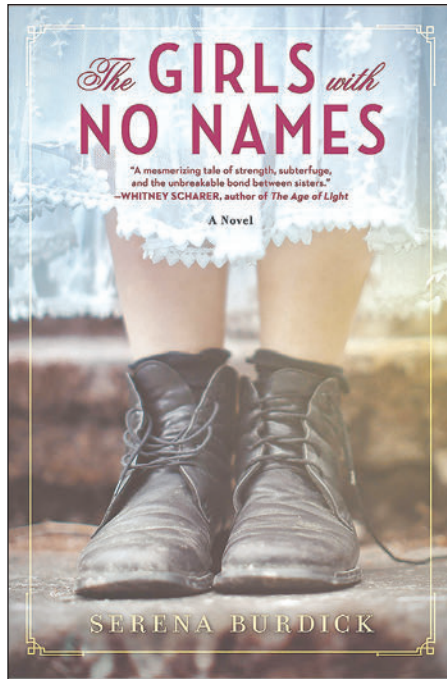


image provided

many others who help tell this tale of hope, courage and sisterhood. It's a time when women are breaking away from the strict Victorian society into greater independence and self-expression, but sometimes it comes at a tremendous cost.

Burdick spent hours unearthing articles on the House of Mercy in an attempt to give life to these women. She discovered that religious institutions in the United States were never held accountable for imprisoning and abusing women and children in these houses. She also did

extensive research on the Romani camps and how they lived. Early in the book this is a world Effie and Luella explored, sneaking away from home to hear the gypsies play their fiddles. The characters in the camp are believable, brave and beautiful in their unique way.

Author Jillian Cantor said, "Filled with true historical details about life inside a work house for wayward girls in the

1910s, *The Girls with No Names* is a beautifully written, haunting novel. Burdick gorgeously portrays womanhood and coming of age set against the backdrop of the real House of Mercy, but above all, she weaves a stunning story of sisters, friendship, secrets and ultimately survival. I fell in love with the courageous Effie and Mable and will not soon forget their stories."☆☆

School Smart



by Shelley M. Gregg, NCSP

Dear Shelley, My 6-year-old son gets into trouble quite often. He wants his own way most of the time and acts out when he doesn't get it.

We are struggling on how to manage his behavior. We don't want to be too punitive, but I need some suggestions on what some appropriate consequences for bad behavior might be. Thank you.

Britta H, Cape Coral

Britta,

It's always good to think about appropriate consequences. It sounds like your son needs help to learn how to handle disappointment and conflict so he can make better choices about his behavior.

A great strategy to use is to teach him to focus on positive behavior, what he should be doing and not focusing on what not to do. Focusing on what a child should do is a great teaching opportunity that results in the development of life skills. For example, if he often has hot-tempered behavior towards peers because they do not agree with him, before he actually begins to play, you or his teacher would give him a direct command to play calmly and find an adult to help problem solve during the play. Instead of telling him not to get angry when he is facing some differences with friends, you and or his teacher could have a conversation with him ahead of time about the fact that plans may change, and he may feel upset. Let him know what may happen and then give him the positive direction to play calmly. Make sure he knows that he can talk to the adult in charge to help him get through the situation and to discuss his feelings. You may also want to let him earn a privilege if he can stay positive.

Along with this, you may want to have a behavioral system that provides immediate and/or same day reinforcement for positive behaviors. Some examples of target behaviors to reward are: handling changes calmly; and following the lead of other people in a relaxed manner. Engaging in those behaviors would result in him earning rewards from you and his teachers. These rewards might include specific praise, points towards privileges, or an actual privilege in the moment like extra computer time, visiting a friend in another classroom, or helping the teacher. Make sure that the reward is something your son really wants, not something convenient for you or the teacher to

administer.

Remember that attention, whether positive or negative, is the strongest reinforcer of all behaviors. It's very easy to unintentionally reinforce behaviors we mean to punish, just by giving them attention. This is why it's recommended to actively ignore minor misbehavior. Active ignoring is a technique in which you ignore a behavior until you can catch the child engaging in a positive behavior, even if it's by accident.

For aggressive or destructive behaviors, there should be an immediate loss of privilege or a time-limited consequence. Some examples are sitting out of a game for five minutes, losing a specific number of minutes of recess or choice time, time out at home or in the classroom. Make sure to collaborate with his teacher so that there is consistency in how your son's behaviors are managed. It will be much easier for him to learn how to act appropriately if you are both giving him similar directions.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.☆☆

From page 9

Theater Festival

videos for soon-to-be released musicals. The shoots will be taped in New York City this summer. The scouts were on the lookout for outstanding students, 125 of whom made it to the final call-back for iTheatrics resident choreographer Steven G. Kennedy. The final cast will be determined later this year. These videos will be used in tens of thousands of schools across the country and internationally.

Creative Theater Workshop's Wedler Lordeus and Shannon Gray were named to the Junior Theater Festival All-Stars, made up of outstanding performers attending the festival. The All-Stars performed a song during the closing ceremony for all 2,200 festival attendees.

Produced by the Junior Theater Group in partnership with iTheatrics, a leading educational theater company that creates innovative experiences and products for both the public and the private sector, the Junior Theater Festival West celebrates young people and the transformative power of musical theater. This year's title sponsors were Music Theatre International, Disney Theatrical Group, and Playbill, Inc.☆☆

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Marketing Firm Names Art Director

CONRIC PR & Marketing recently named Justin Ungar as its art director.

"Ungar's creative design has exceeded my expectation and more importantly, the expectations of our valued clients," said Connie Ramos-Williams, president and chief marketing officer for CONRIC PR & Marketing. "We are honored to have him on our team and proud to continue elevating his position within our growing company."

Ungar, who previously served as the agency's senior graphic artist, is now in his third year with CONRIC. Over the years, he has applied his fresh perspective to CONRIC's imagery and visual design to craft logos, advertising design, promotional marketing materials, brand guidelines, digital graphics and animation for a number of regional and national clients. Many of Ungar's visual designs created in collaboration with CONRIC's marketing team have garnered regional, national and international awards and recognition.

Ungar works collaboratively with CONRIC's creative director, the CONRIC team and clients to build customized designs that are both innovative and contemporary. In his new role, Ungar will have an opportunity to work more



Justin Ungar

photo provided

closely with clients in an effort to ensure that campaign objectives and client expectations are exceeded.

"I am excited to enter the art director role at CONRIC and look forward to working alongside such a dedicated group of professionals in the new year and beyond," said Ungar. "As the CONRIC team evolves, it is my mission to continue to instill an open and innovative environment both within and as a representative of the agency."✱✱

Hodges University Launches Magazine

Hodges University has launched its own magazine, called *Talon*. The first edition is now available on both the Naples and Fort Myers campuses.

"The magazine is an appropriate nod to our new mascot, the Hawk," said Dr. John Meyer, president of Hodges University. "This 32-page publication includes short articles about the people and the programs that make Hodges University an exceptional place to further one's education and realize career goals."

A digital version is available at www.hodges.edu.

The next edition will be published in May 2020.✱✱



image provided

FGCU Alumnus Of Distinction

Ben Spence, chief financial and business services officer for Lee Health, was honored as Florida Gulf Coast University's (FGCU) 2020 Alumnus of Distinction at the school's annual alumni awards ceremony earlier this month. This recognition is the highest alumni honor awarded by FGCU.

Spence, who graduated from FGCU in 2010 with a master of science degree in health science, started at Lee Health as a reimbursement clerk in 1995. Prior to joining the health system, Spence earned a bachelor's degree from Ohio State University in 1992 and spent time working in real estate.

"Ben is an incredible asset to the Lee Health team. He is fully committed to making sure the health system has the resources it needs to provide safe, high-quality care for our community," said Larry Antonucci, MD, MBA, Lee Health president and CEO.

As Lee Health's CFO, Spence has developed long and short-term financial plans to provide the resources needed to achieve the health system's strategic initiatives, vision and mission. His oversight has led to significant financial accomplishments that afford the opportunity to treat every patient regardless of their ability to pay.

In addition to his role at Lee Health, Spence is an active member of the Healthcare Financial Management



Ben Spence

photo provided

Association and a member at-large of the Horizon Council. He also supports many community organizations including the American Heart Association, United Way, Ronald McDonald House Charities and SalusCare.

"It was an honor to present the distinguished alumni award not just to a fellow Eagle, but to a colleague and friend. We are lucky to have him as a role model for Southwest Florida's community health system and our university," said Michael Nachev, director of government relations for Lee Health and chairman of the FGCU Alumni Association.✱✱

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Craig R. Hersch

Florida Bar Board Certified Wills, Trusts & Estates Attorney, CPA
"Will Power" Columnist, *The Island Sun*



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Will Power

Escaping Your Former State’s Taxing Authority



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

It’s fairly easy to become a Florida resident, and many do just that because Florida, unlike many other states, imposes no state income, estate or intangible personal property taxes. Becoming a Florida resident, consequently, might save you thousands of dollars annually.

At a minimum, you should spend more than half of the year here, obtain a Florida drivers license and voter registration, and list your Florida address as your primary address for credit card statements and tax returns. I’ve written a book on the subject, and you can find an Appendix where I

provide a checklist at www.floridaestateplanning.com/floridabook.

But is this enough? It may not be, especially if you come from aggressive states like New York, California, Connecticut, Massachusetts, New Jersey and Minnesota.

Why is that? State revenue departments are hungry for money. Taxpayers who haven’t properly severed their relationships with their former home state are prime targets for assessments of back taxes, interest and penalties.

Domicile was an issue at a tax and estate planning conference I recently attended hosted by the University of Miami Law School.

One of the speakers, Jonathan Blattmacher, updated us on the topic of state taxing authorities pursuing those who are attempting to move to states like Florida that don’t have an income tax. He called out New York and California as two states that have aggressively pursued former residents.

“It wasn’t enough that the taxpayers reside in Florida, for example, for more than six months,” Blattmacher said. “New York pursued one taxpayer because he maintained a larger home in the state, retained his social club memberships, his estate planning documents were signed in the state, and he kept his pets there among other things.”

Flying under the radar isn’t possible in today’s technology age either. A recent CNBC article reported that New York conducted 3,000 nonresidency audits a year

between 2010 and 2017, collecting more than \$1 billion of revenue. More than half of those who were audited lost their cases.

What do state auditors do to make the case you haven’t left your former home state for tax purposes? It’s not uncommon for them to review credit card bills and travel schedules, examine cell phone records, social media feeds, veterinary and dentist records.

Auditors even conducted in-home inspections to look inside taxpayer’s refrigerators. Fresh fruit and vegetables apparently can cost you a lot more than you suspect.

As the most aggressive states like New York and California succeed in pulling back former residents for tax purposes, other states are likely to follow.

Barry Horowitz, a partner at the WithumSmith+Brown accounting firm frankly stated, “If you’re a high earner in New York and you move to Florida, your chances of a residency audit are 100 percent. New York has always been aggressive, but it’s getting worse.”

Many clients count the number of days that they spend in their former state of residence to ensure they comply with residency rules. Conventional wisdom, for example, states that if you’re out of your former home state for 183 days, you won’t have to pay state taxes.

But the real issue is domicile. You must be able to prove that your permanent, primary home is here in Florida as opposed to New York, Ohio, New Jersey or Illinois, for example. The domicile test is becoming increasingly complicated, hence the aggressive tactics exemplified by New York, which is likely to be emulated by other revenue hungry states.

For those who still have source income from their former home state, the issue is that much more complicated. If you’re a wage earner at a company located in your former home state, or if you receive distributions from a family business located there, you’re likely to have to file a state income tax return and pay taxes anyway. The issue for these individuals is whether they can escape paying taxes on their unearned income, such as investment dividends, interest, capital gains and qualified retirement account distributions.

As a board certified Florida estate planning attorney, I advise those who want to escape their former state’s taxing authority and who haven’t updated their estate plans to Florida law to do so. Despite the many differences between Florida law and other states necessitating an update, you don’t want a state tax auditor to use your outdated estate plan against you when assessing deficiencies.

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Housing Authority Awarded Large Sum Jobs Grant

The U.S. Department of Housing and Urban Development (HUD) recently announced that the Housing Authority of the City of Fort Myers (HACFM) will receive a \$2.3 million Jobs Plus Grant to build upon existing partnerships that will assist families living in public housing in achieving employment-related and other self-sufficiency goals.

HUD’s Jobs Plus Initiative connects public housing residents with employment, education and financial empowerment services – an evidence-based model proven to help public housing residents find and keep jobs. It combines traditional employment, training and job placement services with a rent incentive and a place-based investment in building “community support for work.”

Many of the nine grantees announced, including Fort Myers, are located in opportunity zones. Created under the 2017 Tax Cuts and Jobs Act, opportunity zones aim to stimulate long-term investments in low-income communities.

“HUD is committed to empowering public housing residents with new educational and economic tools to improve self-sufficiency,” said U.S. Department of Housing and Urban Development (HUD) Secretary Ben Carson. “HUD is proud to work with our local partners to help more

residents find employment so that they can reach their full potential and become role models to future generations.”

The Jobs Plus program expands on a successful demonstration program model that combines traditional employment, training and job placement services with a rent incentive and a place-based investment in building community support for work. The program requires public housing agencies to partner locally with Department of Labor Workforce Development Boards and American Jobs Centers. Additionally, Jobs Plus grantees are required to demonstrate a 25 percent match from community partners, providing wrap-around supportive services to improve employment and earnings outcomes. Cross-agency partnerships are essential to changing the economic prospects of public housing residents. Jobs Plus’ place-based model helps residents support each other through the process, cultivating culture of work and enhancing economic resiliency.

HACFM has entered into a partnership with the Southwest Florida Workforce Development Board, Inc., d.b.a. CareerSource Southwest Florida (CSSWF) to provide direct service support to affordable housing residents for the next four years. This partnership will make certain that 203 targeted public housing residents living at HACFM’s public housing communities have a clear pathway to climb out of poverty.

CSSWF leads the local jobs creation effort for the City of Fort Myers and

Lee County and holds a critical role in the success of the Jobs Plus program because they maintain a listing of all local employers who offer work-based learning opportunities for participants.

“Our partnerships like this one will strengthen program planning and implementation while streamlining our access to services for HACFM participants,” said Carmen Woywod, CSSWF programs director.

HACFM will continue to partner with Career Source to build collaboration among all partners. Regardless of whether a partner will receive grant funding for their services or if the services will be provided as in-kind leverage contribution, the goal is to create meaningful career opportunities for the residents living in public housing communities.

Jobs Plus services are tailored to residents’ individual needs and are drawn from a menu of on-site and referral services. For unemployed residents, case managers will help identify short and long-term employment goals and create plans to accomplish them. Employed individuals can work with case managers to take the necessary steps to advance in the labor market.

Since the inception of the Jobs Plus Initiative Grant Program, 35 housing authorities have been selected nationwide. The Housing Authority of the City of Fort Myers becomes one of the four elite Job Plus Sites in the State of Florida this year. Tampa and Gainesville were awarded in previous years. Fort Myers and Jacksonville housing authorities were recently

awarded \$2.3 million to deliver services under this highly competitive program.

The Jobs Plus Initiative program consists of the following three core components:

Employment-related service – Grantees offer employment-related services to residents with a range of employment needs. This includes services such as work-readiness training, employer linkages, financial counseling, educational advancement, job placement and employment counseling.

Financial incentives – Targeted residents enrolled in Jobs Plus will be granted a 100 percent income disregard that will remain in place for up to 48 months.

Community support for work – Grantees market Jobs Plus services and financial incentives to all targeted residents in a development. The goal is to saturate communities with work-related messages and to create a culture of work.✴

From page 15

Exhibit On Cuba

annual signature event with a Cuban theme.”

An Evening in Old Havana will be held on Friday, March 27. In addition, the IMAG presents, twice daily, the BBC documentary Cuba: Journey to the Heart of the Caribbean, taking audiences on a journey of beauty through island landscapes and pristine ecosystems

IMAG is located at 2000 Cranford Avenue in Fort Myers. For more information, visit www.theimag.org.✴

Frankly Speaking



by Howard Prager

Football is over, baseball is heating up, and college hoops is rounding out its top teams. Hockey and basketball just passed the midway point of their seasons. There are stories happening

in all of these sports I could report on, but instead, I'm going to look at you, the sports fan. Yes, you. What type of fan are you?

1) Passionate for your team? Win or lose, you will back them and cheer them on? You've got your team colors around and wear them when your team plays? Me? I'm passionate about the Northwestern Wildcats (not much to cheer for except the Ladycats in hoops this year), and the Chicago Cubs.

2) Supporter for your team, especially when doing well? Have you got the gear, you watch or read highlights, and smile when they do well? You don't live and die with them, but they make your life happier when they do well? For me, it's Michigan (Go Blue!), the Bulls and da Bears.

3) Are you a bandwagon fan because when they start winning, you're there? Jump right on because it's all over the news and papers, and everyone is excited about how well they're doing? Then, you may buy some gear and even get to a game, because it's the place to be? I'm a bandwagon Blackhawks fan, but the bandwagon has left the city this year.

4) You hear the sports but don't seek it out? You don't even jump on the bandwagon, just have a sort of mild interest? You think more about how is this going to affect you in terms of traffic and getting around? You know enough for small talk that, yes, this team plays in town and is doing well, not-so-well, horribly? I'm sort of a soccer and tennis fan.

These alone don't describe the extremes. So let's look beyond these general categories to what people feel and

when and why.

5) Rivalries. Nothing heats up passion like long-seated (or even recent) rivalries. The Cubs long-time rival is the Cardinals, but the recent rival is the Brewers and White Sox. Think of other fabled rivalries – Duke-UNC, Michigan-Ohio State, Auburn-Alabama and Notre Dame-anyone else! All of these rivalries bring out the best (or worst) in fans and fan behavior, as the very mention of the game gets people excited and passionate. Fans go out and paint faces, get temporary tattoos, and start preparing mentally (and refreshment-wise) long before the game takes place.

6) The manager or coach that inspires. There's no greater savior for a team or person to believe in than the manager or coach. They bring the message of hope eternal, turning things around, and new slogans or themes. The Cubs under Joe Maddon had several slogans that really hit – "Try not to suck" was one of the favorites during the year they won the World Series. Some adjust well from college to pro ball (Pete Carroll), others don't last the season (John Beilein). But what they all do, regardless of what changes the team has made or not, is they give you hope. They inspire. They give you fire. And they give you a chance to believe, root, cheer and be the type of fan you want to be.

7) The rookie or superstar addition. Like the manager or coach, a new player gets fans excited about your team. Zion Williamson's impact this year on the Pelicans and the league is starting to heat up since his return from preseason injuries. He's got the "magic." The Dodgers are counting on the same from Mookie Betts. Others include Michael, Kobe, LeBron, Kawhi, the Great One Wayne Gretzky, Mike Trout, Javier Baez, Stephen Strasbourg, Tom Brady, Patrick Mahomes, Tiger and Serena. (Notice in how many of these players all you need is their first name to know who they are!) They become the focus of the team (or game), the marketing sensations and get fans enthusiastic because these superstars are the reason to be excited about the future.

8) The announcers and marching band. The Cubs still play a video from time to time of late announcer Harry

Caray singing, "Take Me Out To the Ball Game" and have "Holy Cow" on the foul poles. Vin Scully and the Dodgers? "Forget it." Many of our home teams have announcers that keep us informed and get us excited through their enthusiasm for the team. We even turn off our TV so we can listen for the call on the radio. And for college ball, there's nothing like a spirited marching band and their cheers throughout the game.

Mustang Car Show At Estates



Old and new Ford Mustangs are exhibited at the Edison and Ford Winter Estates

photo provided

On March 7, from 10 a.m. to 2 p.m., Edison and Ford Winter Estates will host its annual Ford Mustang Car Show as a tribute to Henry Ford, the pioneer of the automobile industry. Owners of Ford Mustangs will exhibit their cars on Henry Ford's lawn along the Caloosahatchee River. The Mustang has been popular ever since it debuted in 1964; in two years, more than one million were sold.

Along with the car show, there will be music, a food truck and visitors can tour the gardens, museum, laboratory and see the historic homes. This family

event is free for Edison Ford members and \$25 for non-members, which includes a self-guided tour of the entire site.

Owners wishing to register their car should visit www.edisonford.org and download the registration form. The deadline for registration is Saturday, February 29. The fee is \$15 for one car and \$5 for each additional car (includes admission for the registered participant and one passenger).

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers.✱

From page 1

Lab Theater

couple George (Annette Trossbach) and Paul (Paul Graffy) for an evening of wine, food and conversation. Jane talks about a curious new temp at her law office named Pip (Tamicka Linstead). Pip is in a relationship with two men and she's also an archer who kills and slaughters her own meat. The couples become extremely curious about the threesome's sleeping habits so they invite them to a New Year's Eve party.

David (Stephen Coe) who pronounces his name Dah-veed, is a mathematician with an unrecognizable accent, and Freddie (TJ Albertson) doesn't believe in work. He loves to find everything he needs in other people's trash and informs everyone, "I went to Harvard." Pip grabs a guitar and sings a sexy karaoke rendition of *She'll Be Coming 'Round the Mountain*, while the two couples observe her every word and motion. There are touches, caresses, kisses and at first it's comical and then it's not. As a fantasy of

responsibility-free sex enters the minds of the two couples, things get a little funky. Marijuana-laced brownies also free up their inhibitions and add to the dramatic tension. During one awkward scene, Jane and Michael's teenage daughter, Jenna (Madalyn Brown), arrives home early and witnesses something she cannot unsee, and she doesn't take it well.

Ruhl's characters step out of the story every so often to address the audience, giving us another opportunity to reflect upon what we are experiencing. The acting is wonderful. Everyone gives a thoughtful performance, and smart direction by Steven Ditmyer keeps us from feeling bored or alienated by the characters. My friend and I talked about the play all the way back home.

How to Transcend a Happy Marriage plays through March 14 at Laboratory Theater of Florida, located at 1634 Woodford Avenue in downtown Fort Myers. For tickets, visit www.brownpapertickets.com or call 218-0481.✱

SPORTS QUIZ

1. The New York Yankees set a record in 2019 for most players with double-digit home runs for the season (14)? Who of the 14 had the lowest double-digit total?
2. With how many different teams did Reggie Jackson lead the American League in home runs for a season?
3. In 2018, Eric Dungey became Syracuse's all-time passing leader (9,340 yards). Who had been the school's leader?
4. Golden State's Stephen Curry set a record in 2018 for most consecutive games with at least five 3-pointers (seven). Who had held the mark?
5. In 2019, Mika Zibanejad became the second player in New York Rangers history to record eight points through his first two games of the season. Who was the first to do it?
6. When was the last time before 2019 that the U.S. men's national soccer team lost to Canada?
7. Name either of the two heavyweight boxers who fought for the WBA title in 1965 after Muhammad Ali was stripped of the belt for having a rematch with Sonny Liston?

ANSWERS

1. Cameron Maybin, with 11. 2. Three -- the Oakland A's (twice), the New York Yankees and the California Angels. 3. Ryan Nasseb, who threw for 9,190 yards (2009-12). 4. Dallas' George McCcloud in 1995-96, with six consecutive games. (Curry set a new record of nine straight games in 2019). 5. Rod Gilbert, in the 1976-77 season. 6. It was 1985. 7. Ernie Terrell and Eddie Machen, with Terrell winning the title.

Mrs. Edison's Hymn Sing Funds The Soup Kitchen

Residents who recently attended Mrs. Edison's Hymn Sing at First Presbyterian Church of Fort Myers contributed plenty of food and funds to help The Soup Kitchen of Community Cooperative feed the hungry in Southwest Florida.

In excess of 1,200 pounds of non-perishable food along with generous financial contributions were collected at the 31st annual Mrs. Edison's Hymn Sing, which was sponsored and organized by the Galloway Family of Dealerships.

"We are so thankful to the people of our community who stepped up to help others in need. It truly shows the impact that a few people can make in the lives of many," said Organizer Sam Galloway, Jr., who mentioned the food will be distributed immediately to those in need in Lee County.

Attendees sang hymns with the 60-member Sanctuary Choir of First



From left, Amanda Ford Cochran, Larry Ford and Sherryl Ford photos provided Presbyterian Church and special guest Grammy Award winner and Gaither Homecoming Soloist Larry Ford and his family. They also heard a song called *Edison's Phonograph Polka* about



From left, Kay Henry, Phil Pate, Kathy Musa, Steve Culbertson and Patricia Carlo Thomas Edison's famous invention, played by Pianist Barbara Peterson. In addition to Mrs. Edison's Hymn Sing, the Galloway Family of Dealerships also sponsors the

very popular Christmas Carol Sing in December. Both events benefit The Soup Kitchen of Community Cooperative.✧



From left, Peter Curra, John Smiedendorf and Janet Smiedendorf



From left, Larry Burbridge, Georgia Burbridge, Beverly Murphey, Emily Turner and Malcolm Murphey



Roger Peterson and Barbara Peterson



Karrie McKenzie and Renae Kosecki



Dick Kuieck and Linda Kuieck



Sam Galloway, Jr. and Kathy Galloway

Free Pain Clinic Nominated For Impact Award

The Southwest Florida Free Pain Clinic was recently honored to be one of only six nominees for an ICON Business Award for Greatest Community/Charitable Impact. This is a tremendous distinction, as businesses and not-for-profit organizations from across the country were nominated.

"We are thrilled to be recognized for the life-changing work we are doing for our friends and neighbors who have nowhere else to turn," said Dr. Alan Gruning, executive and medical director.

The Southwest Florida Free Pain Clinic is working to rewrite the paradigm for low-income, uninsured pain patients. It is the only free pain clinic of its kind in Florida, the only one identified in the country. The mission of the not-for-profit organization is to provide free holistic medical care to people suffering from painful conditions or injuries who are unable to afford treatment, all without the use of opioids or other drugs. The clinic treats this under-served demographic using a functional medicine model, addressing physical, spiritual, emotional and social needs.

There are currently no other options for these patients, as the emergency departments and urgent care facilities they frequent are not equipped to effectively treat the source of pain. These patients often leave with a large bill they are unable to pay, and a prescription for pain medication that may leave them dependent, but with no improvement in their condition. This creates an unnecessary burden on the healthcare system and on the community as a whole.

The Southwest Florida Free Pain Clinic utilizes physician and chiropractic care, physical therapy, acupuncture, massage therapy, nutrition and lifestyle education, essential oil therapy and modalities such

as electrical stimulation, cold laser and ultrasound to alleviate pain at the source and begin an effective healing process. No drugs are used in treatment. In fact, through the course of treatment, patients are helped to wean from opioids and other substances they have become dependent upon.

At this time, the Southwest Florida Free Pain Clinic offers services by appointment only on Tuesdays from noon to 9 p.m. and Thursdays from noon to 5 p.m. Fundraising for further expansion is underway, with the goal of being a permanent full-time staffed clinic. The ultimate goal is to utilize this model to replicate numerous free pain clinics across the state.

The clinic utilizes a small part-time staff and more than 50 loyal volunteers, including medical professionals who donate time and resources for the benefit of the patients. The Southwest Florida Free Pain Clinic has been successful in helping patients return to work, resume care of their families, free themselves from walkers, canes and other assistive devices and, most importantly, restore hope.

To learn more about the Southwest Florida Free Pain Clinic, visit www.freepainclinic.org. Some eye-opening facts include:

One in five adults suffer pain that interferes with their ability to work or perform daily functions.

Twenty percent of adults in Florida cannot afford health insurance.

In Florida, 17 people die of an opioid overdose every day (over 48,000 annually nationwide).

Eighty percent of people who abuse opioids were initially prescribed for legitimate pain.

The number of children entering foster care due to their parents' drug abuse (incarceration, rehab, death) has doubled since 2000.

For a complete list of ICON Business Awards, visit www.unstoppablegc.com/icon-awards.

said Kevin Lewis, LARC executive director. "That requires important skills that build upon each other. Not only vocational training, but self-care, managing their day to day environment, navigating technology and interacting with others. We recognize each of these layers as crucial components to increased independence and empowerment."

"Lee Health is committed to the well-being of every individual, focused on healthy living and maintaining good health. LAB's innovative, person-centered approach will empower more individuals with IDD to live healthy lives," said Chris Simoneau, Lee Health Chief foundation and development officer. "LARC's Wellness LAB reflects our goals and values and we look forward to this partnership."

"We are honored to receive this grant from Lee Health, a respected health care leader in Southwest Florida," said Angela Katz, LARC development director. "Lee Health's generous support will allow us to better prepare the individuals we currently serve and future generations to live more independent, healthy, and fulfilling lives."

To learn more about LARC and LAB, visit www.larcleecounty.org or contact Katz at 334-6285 ext. 229 or angelakatz@larcleecounty.org.

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I just became a grandmother and while this is such a joy, I am feeling the aging process take hold.

Is there a difference between aging and feeling old?

A: Aging and feeling old is really your perception of how you choose to see it. There is chronological age and emotional age. Chronological age is the number of years you are on this earth. Your emotional age can be many things. You can see it from the positive aspect, from entering your wisdom years to the negative aspect of resentment and focusing on despair rather than integrity. There is a huge difference however between aging and feeling old. Aging is a natural process where we pass through developmental stages of life. It's what we project onto the aging process that determines how we view the process.

Try to focus on all you have going for you. You have a new grandchild. In your aging process, if you can feel whole and balanced in mind, body,

spirit and emotions, then you are in harmony and integrated with the whole of life. Check in with yourself and focus on all of the good in your life. You have the choice. Why not choose to be happy with who you are, and your choices will determine how well you age.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.

Fake Pills Can Cause Overdoses

Narconon warns friends and family that even the pharmaceutical drugs are dangerous. Dealers are now pressing pills to look identical to the ones you get from your local pharmacy. They are recklessly adding fentanyl to not only heroin, but making their own homemade pills, posing as another drug. In this case, you don't have to take a handful of the pills you buy to overdose and die. One little pill is killing people.

Visit www.narconon-suncoast.org/blog/fake-xanax-kills-9-people-in-floridawhat-else-was-in-it.html to learn more about the dangers of homemade pills.

YOUR NEUROLOGICAL SYMPTOMS MAY HAVE A STRUCTURAL CAUSE!

- Balance problems
- Blurred vision
- Dizziness / vertigo
- Fainting / drop attacks
- Swallowing or speaking difficulties
- Tinnitus or hearing problems
- Torticollis / cervical dystonia
- And many more!

The Hauser Neck Center at Caring Medical Florida specializes in unique, dynamic diagnostic tests that find what traditional MRI scans can miss, and Comprehensive H3 Prolotherapy to treat the underlying structural cause of chronic neck pain, migraines, and neurological symptoms.

Learn more at **CaringMedical.com** and contact our team to review your case!



Ross Hauser, MD

Hauser Neck Center
Caring Medical Florida
9738 Commerce Center Ct.
Fort Myers, FL 33908
(239) 308-4725
DrHauser@CaringMedical.com



HELPING THE WORLD SEE CERVICAL INSTABILITY WITH 2020 VISION!

LARC Receives Lee Health Grant

Lee Association for Remarkable Citizens (LARC) has been awarded a \$25,000 grant from Lee Health to support LARC's Wellness LAB (Learn, Achieve, Become).

LAB will offer an experiential learning environment for hundreds of individuals with intellectual and developmental disabilities (IDD) that transforms traditional program areas into spaces for innovation, vocation, demonstration and learning. Five Labs will focus on skills for work and independent living and include Lab for Living, Wellness Lab, Smart Living Lab, Vocational Exploration Lab and Collaboration Lab.

The grant will support the Wellness Lab on LARC's Fort Myers campus. The Wellness Lab provides a place to learn about healthy living, fitness, nutrition, oral health, advocacy, skills for self-care; all paramount to success in every day work and life.

"The goal of LAB is to prepare individuals with IDD for success and meaningful inclusion in our community,"

dearRPharmacist

Natural Remedies For Gallbladder Support



by Suzy Cohen, RPh

Dear Readers:

The gallbladder is such an unsexy thing. It is about three inches long and 1.5 inches wide, and you will never think about it your whole life until your right upper

quadrant starts hurting. Then and only then, you'll start googling "gallbladder."

Your liver produces bile which goes to your gallbladder where it's concentrated to become stronger, like five times stronger! It sits there in storage until you eat something fatty, and then it is secreted to break down the food. Bile is a liquid that is greenish-yellow. It's like soap, it breaks down 'grease' as in fat, into smaller globules. Bile and bilirubin give feces that distinct brownish color. In a way, bile is thought to deodorize bile, so if you have a very unpleasant stool odor, it's a sign you are not making enough bile.

The following are some natural remedies that can support you. Ask your doctor what's right for you.

Gallbladder with Ox Bile and Liver by Ancestral Supplements – This is a grass-fed, bovine-derived formula that may help with bile production or reduced bile excretion. If your gallbladder has been removed, this can help and, likewise, if you're worried about stones, this can also help. When your own organ is sluggish or deficient, the intake of animal-derived organs can play an important role. It's not as odd as you might think. In fact, this is the

premise behind bone broth, collagen and gelatin. Formulas are available at www.ancestralsupplements.com and Amazon.

Gallbladder Formula by Nature's Sunshine – This multi-tasking blend contains Oregon grape, ginger, cramp bark, fennel, peppermint, catnip and more. I think this botanical formula could be helpful for indigestion, dyspepsia, pain, belching and bloating. This formula is on Amazon.

Carrot Juice – Carrots are high in vitamin C which can minimize calcium deposits that contribute to stone formation. Freshly extracted juices clean up the GI system including your gallbladder, and this prevents gallstones because it stimulates bile secretion.

Chanca piedra – It helps you secrete bile. Quick research will reveal that it's used for all kinds of urinary, gastrointestinal and gallbladder problems, and is nicknamed "stone breaker." There are a few awesome supplements available today (and also teas) that are sold online or at health food stores that contain chanca piedra. This herb is sold at health food stores and online.

Ginger – You can eat crystallized ginger if it's the only way you can get it down. If you like ginger, just cook with it and make yourself a tea. Ginger converts cholesterol (which is part of gallstones) and turns it into bile acids, thus reducing the formation of gallstones. Fresh ginger is available at the grocery store.

Fennel – Fennel tea might be nice because it may help with indigestion and eases gallbladder inflammation. You can try essential oils or look in the produce department or health food store.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

Podcast For Those Grieving In The Shadows

Valerie's House, the first and only organization in Southwest Florida with the sole mission of helping children grieve the loss of a loved one, is now helping thousands more people struggling with grief through its monthly podcast Grieve Love Heal. The Valerie's House podcast is now listed on Apple Podcasts, Spotify and Google Podcasts. Listeners can subscribe and receive alerts on their devices when Valerie's House posts a new episode each month.

"For some, grief is not something they are ready to talk about, but they are ready to listen to someone else who has gone through it and survived it," said Angela Melvin, Valerie's House founder and CEO, whose own mother, Valerie, who the center is named after, died when Angela was a child. "The Grieve Love Heal podcast is a way we can reach those people grieving in the shadows."

Valerie's House families and others in the community, who have walked the grief journey, are often interviewed for the segments. Recent Grieve Love Heal podcast episodes have touched on topics like grieving as a young adult, losing a mother to breast cancer and going back to school after the death of a parent.

Produced by Valerie's House Communications Coordinator April Reilly, who is a former NBC2 executive producer, the Grieve Love Heal podcast also serves as a resource for those looking to support someone who is grieving.

"People are consuming information in a variety of ways today," Reilly said. "With this podcast, we are giving those who are grieving a different way to share and relate so they realize they are not alone."

Valerie's House launched the Grieve Love Heal podcast in September 2019 and made it available to various public channels in February 2020. To listen to the Grieve Love Heal podcast, search for "Valerie's House" or "Grieve Love Heal" on Apple Podcasts, Spotify and Google.✱

Doctor and Dietician

Don't Become A Pill Popper



by Ross Hauser, MD
and Marion Hauser, MS, RD

We recently read an article, "Big Pharma and Organized Crime: They are More Similar Than You May Think." The point made in the article is the side effects of organized crime are killings and deaths, and the side effects are the same in the drug industry. This appeared quite shocking, but the more we read the article, the more we understood the point.

"Big Pharma" is not seeking what is best for patients. The industry contains examples of wrongful death, extortion, fraud, corruption, obstruction of justice, embezzlement, fake journals, harassment, and hit lists according to this article. This may seem astounding, but unfortunately, we all know that there is a tremendously huge drug problem in this country.

At Caring Medical, we strive to figure out the underlying cause of our patients' diseases and injuries. We do not just prescribe drugs, including

pain medications. We have stood by this philosophy for over 27 years. This applies not only to prescription pain medications, but medications for other conditions, including high blood pressure, cholesterol, diabetes, depression, anxiety, autoimmune diseases, and the like.

Life is not about "just taking a pill" to obtain a solution. It's about fixing the underlying problem so that it does not return. Unfortunately, our fast-paced society has become a "just take a pill" type of society where we want to avoid confrontation of any kind.

We encourage you to take matters into your own hands and avoid pill popping at all costs! How? Eat organic fresh food. Learn to cook your own food. Dump the fake food! Spend time with loved ones. Keep moving – every day, multiple times per day. Stop sitting so much. Stop the face-down lifestyle. Disconnect from your devices. Stop watching negative news. Control your environment and expose yourself to positivity. Get outside. Enjoy life! And finally, if you are suffering from an injury that has become chronic, consider coming to see one of the experts in the field of regenerative medicine who practices right here in your own backyard: Caring Medical's Ross Hauser, MD.

Life is a journey, albeit a short one. Let's make the most of it!

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.✱

Beautifulife:

Salt, Light, Sugar



by Kay Casperson

These three words are possibly some of the most important ones for you to live by every single day. I know you're probably asking, how can these words be so essential to me, and

why are they so vital to having my most balanced and beautiful life?

Let me break it down for you in my view:

Salt – You are designed to be the salt of the earth and to spice things up now and then. You have your own flare that can enhance the flavor of your surroundings. Just as salt does, you should add a dash of your good vibes and your uniqueness wherever you can and as often as possible.

Light – You are called to be the light that shines in the darkness, an illumination for others to follow, and a candle in the darkest moments. Let your light shine so bright that others will see it

and want to discover how to ignite their own as well.

Sugar – You are destined to be the sugar that sprinkles the earth with your kindness, your generosity, your smile and warm embrace. Every opportunity you get to give a hug, a compliment, or to make someone feel better than they did before is a gift.

So, now you know why these three words are the ones that I try to live by every day, and why I think we all should strive to do the same. I can't tell you that it is always easy or that you won't wake up some days feeling like you wish someone else would take these roles on instead. But, I do know for sure that if you keep these three words close to your heart, you will find yourself more fulfilled than you could have ever imagined.

My affirmation for you this week is:

"Today and every day, I will strive to be the salt of the earth, the light of the world and sugar to everyone that surrounds me."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.✱

PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

Ginny And Esme



Ginny ID# A808611

Hello, my name is Ginny. I am a 5-year-old female German shepherd who came to Lee County Domestic Animal Services having been hit by a car. I spent some time at LCDAS recovering from my injuries and have quickly become a staff and volunteer favorite due to my sweet and affectionate nature. Even when I was not feeling my best, I was still loving with everyone. Now that I have healed, I am ready for my forever family. I do need to be the only pet in the home, but who needs more when you have all this love wrapped up in such a pretty package?!

My adoption fee is \$25.

Hi, I'm Esme. I am a 2-year-old female domestic shorthair whose name means sophisticated, distinctive and charming. I am all three. Just one look at my almond-shaped eyes



Esme ID# A810903

and you will be drawn in and want to take me home. I am as loving as I am pretty. I have looks, charm and personality, so I am a triple threat for sure. At just five pounds, I have the cute kitten size with the maturity that comes with being a full-grown cat.

My adoption fee is \$25.

Lee County Animal Services kicks off "Give Love" promotion with adoption discounts. Take a departure from the traditional roses and chocolates and give love this year by adopting a furry Valentine from Lee County Animal Services. From February 1 through February 29, all adoptions of adult dogs and cats will be just \$25 with an approved adoption application.

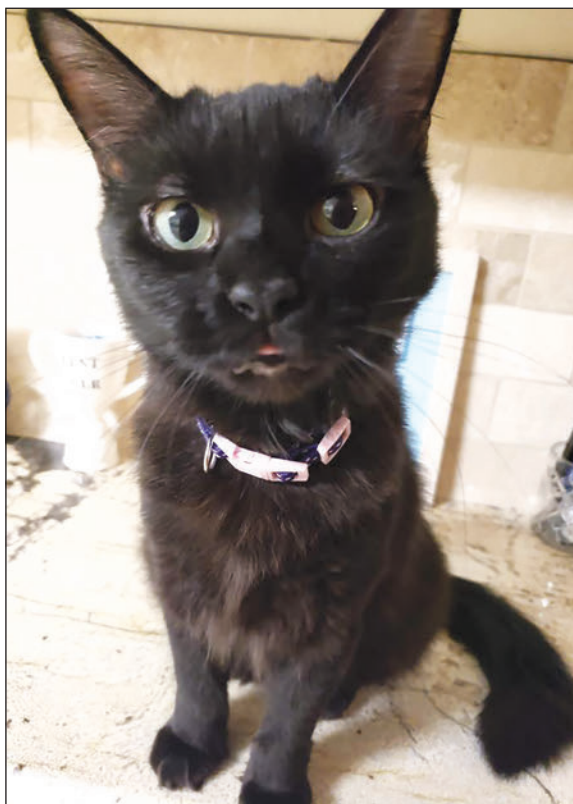
*The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387.**

Haven on Earth Animal League

Eve

Hi There! My name is Eve -- perfect for Christmas Eve and New Year's Eve. I'm only about two or three years old, so I'm still young and playful. I've had a rough life so I'm looking for someone to love me forever. I was found in a garden center, trying to protect my five kittens. I was emaciated, full of tapeworms and missing fur. Luckily, someone from Haven on Earth Animal League took me in and fostered me. I'm all better now and ready to spend my life being pampered, as I should be. I am very affectionate and like to cuddle in bed or on the sofa with my human. I get along with other cats, and I even like the dogs in the house -- but don't tell anyone. If you want to meet me, call Aviva (my foster mom) at 204-6849 or email Haven on Earth Animal League at haveneearthanimalleague@yahoo.com.

*We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email haveneearthanimalleague@yahoo.com.**



Eve



Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Harmonica Band	610-653-7940
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	https://www.audubonswfl.org/
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Coral Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees)	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to: press@riverweekly.com

PUZZLES

Answers on page 28

SHALL I
COMPARE THEE?
Super Crossword

- ACROSS**

1 Scared

7 Side of a cut gem

12 Fighting junk e-mail

20 GMC truck

21 Sunni's god

22 "Mona Lisa" painter

23 Danes wearing more frills?

25 Easily caught baseball hits

26 TV reception enhancers

27 Tend the soil

29 Court mallets

30 SSgt., e.g.

31 Steel city in the Ruhr

33 Feldman acting more bashfully?

36 Time spent in office

38 Rubbish

41 Angry with

42 "Modern Family" airt

45 Certain quadrilateral

47 One who's worshiped

51 Griffin suffering more pain?
- 56 Vacuum tube variety

58 Pastoral tract

59 Spanish for "houses"

60 Prefix with mobile

63 Charles of chair design

64 Founding father Franklin

66 Hemingway feeling more uptight?

69 Noblewoman

70 Flowers from Mexico

72 Med. scans

73 Fisher using more off-color language?

76 Believing in one God

80 "Remember the —!"

81 "Splendor in the Grass" director

82 John of lawn tractors

83 I, to Klaus

84 Import taxes

86 Allen being more sly?

90 Venue
- DOWN**

1 Leaning

2 Engaged man

3 Parish leader

4 Singer India.—

5 Papas of "Z"

6 Mends, as holey socks

7 Less true

8 — carte menu

9 Film teaser

10 British noble

11 2003-07 Fox drama series

12 High mount

13 Revived: Prefix

14 First-rate

15 "Actually ..."

16 Gunfire burst

17 Nosy sort

18 "Someone Like You" singer

19 Lichen-filled

24 Film's actors

28 Uterus

32 Drug busters

34 Hoopster Ming

35 Newspaper employee

37 — tai

39 "Button it!"

40 — polloi

43 Happened to
- 44 "Mad Money" host Jim

46 Bad guy

47 Pakistanis' neighbors

48 Not foreign, as policy

49 Lyric works

50 "Judge not, — ye be judged"

51 Tirana's land: Abbr.

52 Dee lead-in

53 Vendor's pushable vehicle

54 "Do — say, not ..."

55 "Grease" director

57 Hunting dogs

61 Old Glory's country

62 One being examined

65 "Thor" actress

66 Old Balkan region

67 Lilly of drugs

68 Come to light

71 Jackie's #2

73 "Curses!"

74 Jai —

75 Basso Siepi
- 77 That girl's

78 Here, to Fifi

79 Fidel's friend

82 Immerse

85 Opposite

87 Pretend

88 Long-jawed fish

89 Biblical beast

92 Philips rival

93 Attire

95 Lunar feature

97 Defames in writing

98 — jet

100 Keys of R&B

101 Least naive

102 Singer Simpson

103 Ruses

104 John on the Mayflower

105 Chili server

106 Boxer Griffith

107 Fortuitous

109 Pole dance?

110 "Oh My My" singer Ringo

114 Lion's locks

115 "SOS!," e.g.

117 Drescher or Tarkenton

119 Gift for music

120 Many GPS lines: Abbr.

122 Gathered

1	2	3	4	5	6		7	8	9	10	11		12	13	14	15	16	17	18	19
20							21						22							
23							24						25							
26								27				28			29					
30					31			32			33		34	35						
36				37			38			39	40		41							
				42	43	44			45			46					47	48	49	50
51	52	53					54	55					56		57					
58					59						60	61	62			63				
64				65						66	67				68					
		69					70	71						72						
73	74						75						76	77					78	79
80							81					82						83		
84						85				86	87	88						89		
90						91		92	93						94					
					95						96			97	98		99	100	101	102
103	104	105	106							107			108			109	110		111	
112								113		114	115		116					117		
118							119	120					122							
123																125				
126																128				

King Crossword

- ACROSS**

1 Satchel

4 Nowhere to be seen

8 Visored military cap

12 — out a living

13 State

14 Object of worship

15 Have a bug

16 Dilute

18 Up to

20 Finish

21 Second letter

24 Sponsorship

28 Negative aspect

32 Took the bus

33 Fire residue

34 Oodles

36 Wager

37 Amorphous lump

39 Onion rings, e.g.

41 Takes to the skies

43 Carry on

44 "That feels so good!"

46 Black board?

50 Exemplar of dullness

55 Cattle call

56 Leading man

57 Volcanic flow

58 Request

59 Floor cleaners

60 Gasoline, e.g.
- 61 Born

22 Twitches

23 Fire-fighting legend Red

25 Asian desert

26 Mid-month date

27 Green or Rogen

28 Slight touches

29 Norway's capital

30 "Halt!"

31 Icelandic poetry

35 More than just a few

38 Lullaby composer

40 Society newbie

42 Tool with teeth

45 50 percent

47 Muscat's land

48 Small winning margin

49 Oxen's harness

50 Water barrier

51 Berlin's "What'll —?"

52 Potential syrup

53 Greek cross

54 56-Across' partner
- DOWN**

1 Suitor

2 Related

3 Moolah

4 Anarchic

5 Eggs

6 Prepared

7 Genealogy chart

8 Actress Margot

9 "Green" prefix

10 "Bam!"

11 Hostel

17 Genetic stuff

19 — Saud

MAGIC MAZE ● THINGS WE CHARGE

X P M J H E S C Z X U S S T Q
P N L J Y G C P A E C Z E X Y
V O T R P R H R E N L L S J M
H E T C A Y E C W A B V A T E
R D P P N M V T T A K L H K N
I R G E A E Y C T A B E C Z E
X O W C L L V U S A W R R P E
O N M D L T O O T H B R U S H
J E N O H P L L E C I R P G T
E I A L S E T S D U B R A E D
K B A T H G I L H S A L F C Y

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Camera

Car battery

Cellphone

Chevy Volt
- Drone

Earbuds

Flashlight

Kindle
- Laptop

Purchases

Speakers

Tesla
- The enemy

Toothbrush

Watch



"If that's my wife, then getting new glasses
is a _____."
Answer on page 31

SCRAMBLERS

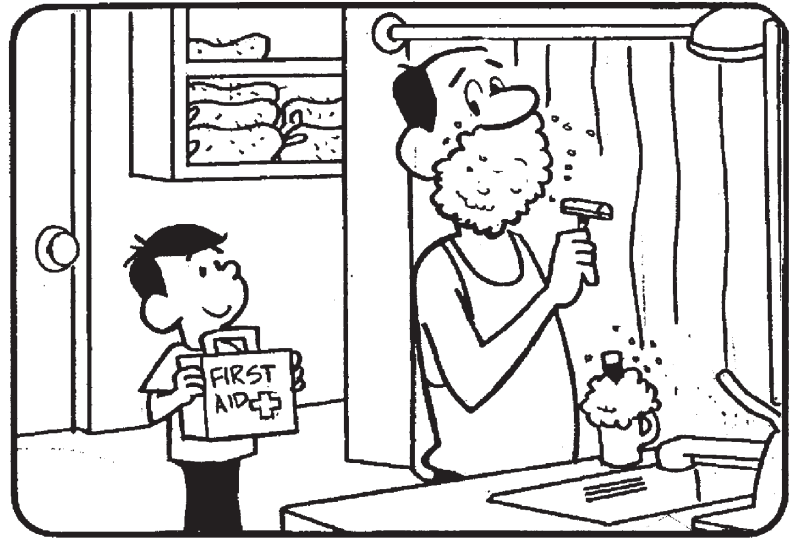
Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Control
GAMENA
Groan
KECAR
Path
SAILE
Quilt
ANTRAT

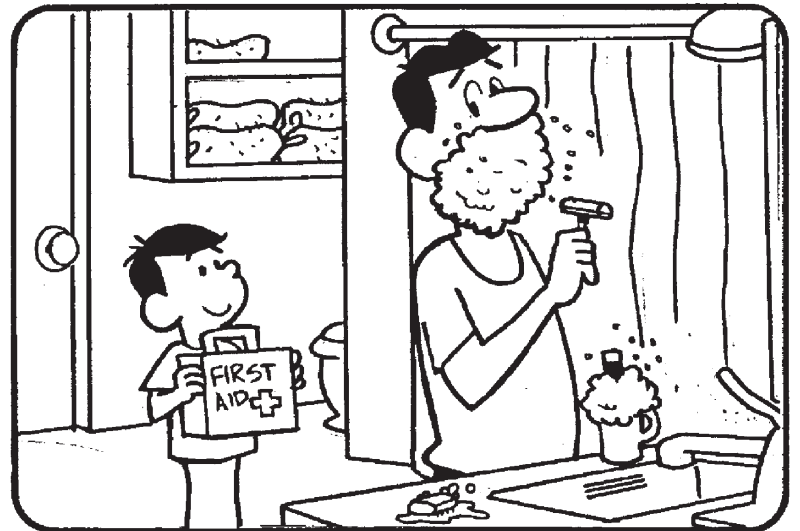
TODAY'S WORD

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Towel is missing. 2. Toilet is added. 3. Shirt is different. 4. Hair is added. 5. Pants are different. 6. Soap is added.

	5		7					6
		1			2		7	
3				5		1		
8				4	6		5	
	2			1				8
		5	2			9		
	7				4		9	
2			1			6		
		8		3				2

SUDOKU

To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

Answer on page 28



Strawberries and Cream Tart

3-4 cups strawberries, sliced thin
1/2 cup orange blossom honey
1 tablespoon pure vanilla extract
2 (9-inch rounds) prepared pie crust, homemade or store bought

16 ounces cream cheese, softened
1 egg, beaten
Pinch of sea salt

Preheat oven to 375 degrees. Using favorite cookie cutters, cut out shapes using 1 of the pie crusts. Place shapes onto baking sheet and set aside. Place other pie crust into a round baking dish (or small rectangle or square dish) and gently press into pan and up the edges. Prick bottom with fork, brush edges with egg wash, and bake both sheet pans for 11-13 minutes, or until cooked through and golden brown (the cut-out shapes may not take as long as whole pie crust). Remove from oven and allow to cool.

In a stand mixer, or by hand, whisk together the cream cheese, honey, vanilla, and salt until smooth. Spread, or pipe, cream cheese mixture over cooled pie crust. Arrange sliced strawberries in overlapping pattern over entire surface. Place baked pie cut-outs over strawberries. Serve immediately or chilled.*



Strawberries and Cream Tart

photo courtesy Fresh From Florida

PROFESSIONAL DIRECTORY

TREE TRIMMING, ARBORIST

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2/14 ★ 4/3

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PSA

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Are you concerned with a friend or family member's drinking?
Call the 24-hour help line of South Florida Al-Anon at 941-564-5098 or visit www.southfloridaal-anon.org.
Meetings are held every day in Lee and Hendry counties. Al-Ateen meetings are also offered for ages 8 to 18.
10/4 ★ TFN

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2/28 ★ 3/6

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LEGAL NOTICE
IN THE SUPERIOR COURT OF THE VIRGIN ISLANDS DIVISION OF ST. THOMAS AND ST. JOHN FRENCHMANS COVE CONDOMINIUM OWNERS' ASSOCIATION, Plaintiff vs. RICHARD O. CHILDRESS and TERRI A. CHILDRESS, Defendants.
ST – 19 – CV 129

SUMMONS

To:Terri A.. Childress
12581 Equestrian Circle Apt. 1001
Fort Myers, Florida 33907

Within the time limited by law (see note below) you are hereby required to appear before this Court and answer to a complaint filed against you in this action and in case of your failure to appear or answer, judgment by default will be taken against you as demanded in the Complaint, for
DEBT, FORECLOSURE OF LIEN AND BREACH OF CONTRACT.

Witness my hand and the Seal of this Court this 10th day of January, 2020.
ESTRELLA H. GEORGE
Clerk of the Court
By:Donavan Donovan
Deputy Clerk

By: Matthew J. Duensing, Esq.
Attorney for Plaintiff,
Frenchman's Cove Condominium Owners' Association, Inc.
Law Offices of Duensing & Casner
9800 Buccaneer Mall, Bldg. 2, Suite 9
P.O. Box 6785
St. Thomas, Virgin Islands 00804

NOTE: This defendant, if served personally, is required to file his answer or other defenses with the Clerk of this Court, and to serve a copy thereof upon the plaintiff's attorney within twenty one (21) days after service of this summons, excluding the date of service. The defendant, if served by publication or by personal service outside of the jurisdiction, is required to file his answer or other defense with the Clerk of this Court, and to serve a copy thereof upon the attorney for the plaintiff within thirty (30) days after the completion of the period of publication or personal service outside of the jurisdiction.
2/14 ★ 3/6

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From page 28

Moments In Time

flooded the CBS radio studio during the two-hour broadcast.

- On March 8, 1986, *Mask*, starring Eric Stoltz and Cher, opens. Cher, who had launched a serious acting career with her appearance in Robert Altman's *Come Back to the Five and Dime, Jimmy Dean, Jimmy Dean* in 1982, received the Best Actress prize at the Cannes Film Festival for her role in *Mask*.

NOW HERE'S A TIP

- Lightly spoon flour into your measuring cup. Never pack it down or tap the cup to level. Simply fill and then use the flat edge of a knife to remove the excess back to the original container. It's best to weigh dry goods if possible, for the most consistent results.
- "Here's a delicious recipe that's also beautiful: Homemade sugar scrub! Mix a cup of sugar with a tablespoon of salt and a quarter cup of olive oil. Use in the bath to scrub away rough patches and leave your skin smooth and hydrated. You can add a drop of perfume or essential oil for scent." – RK in Indiana
- "It feels like we have less and less time with our doctors, and mine feels that way, too. Before I head to my appointment, I make a list of my top three discussion items and copy it out again for the doctor. When he walks in, I hand him the list so we stay on topic." – CE in Massachusetts
- Use clean tin cans to make and decorate tiny cakes. They can be used just like a regular cake pan, just grease and dust with flour. Be sure to use only cans that are not lined with anything, because some cans are lined with BPA plastic!
- "I have heard the tip to spray a thread end with hairspray to keep it stiff for threading, but I didn't have any

SCRAMBLERS

1. Manage; 2. Creak;
3. Aisle; 4. Tartan

Today's Word
MISTAKE

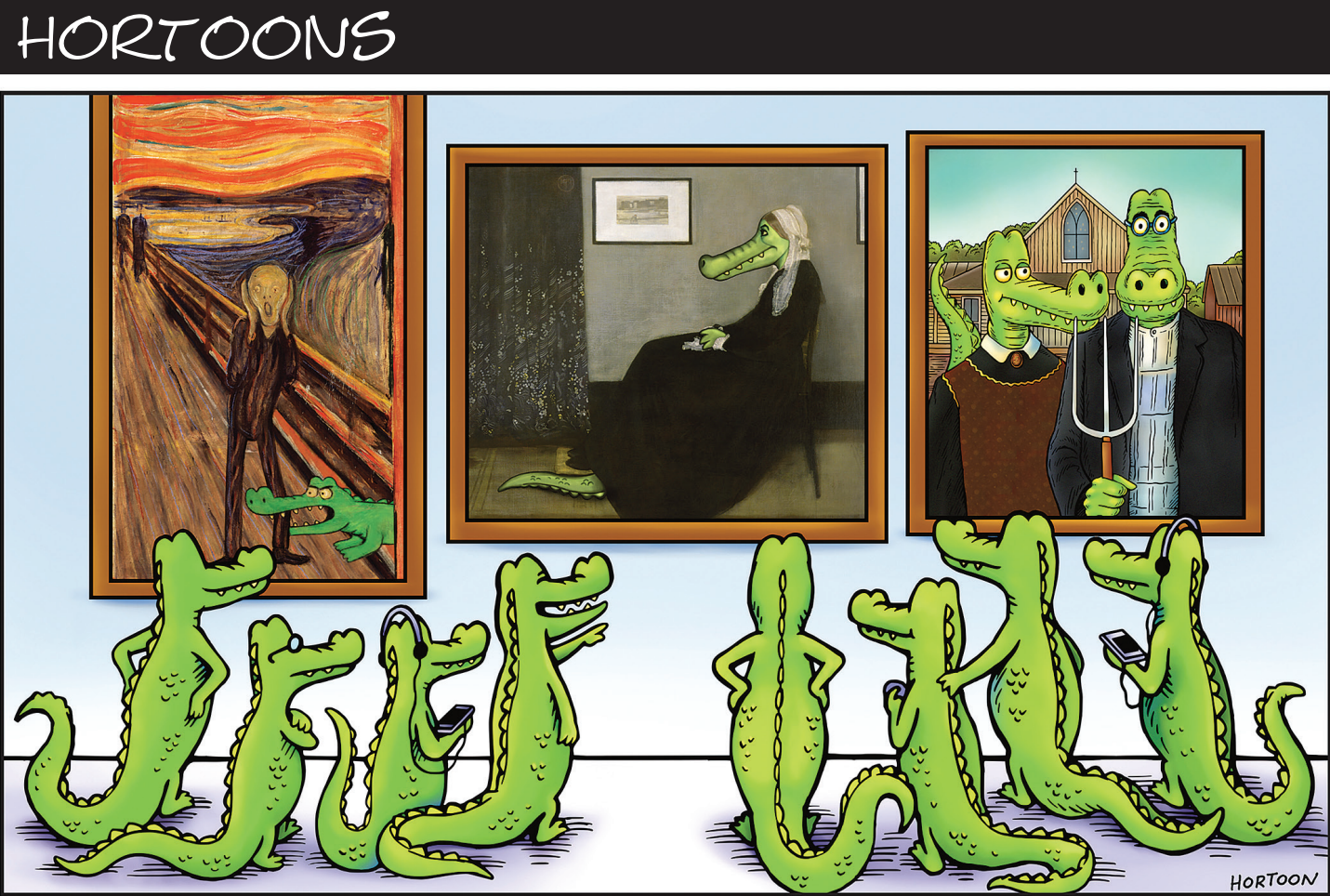
- hairspray. I used a touch of hair gel, and it worked too." – T in Kentucky
- "You can reuse the envelopes that come in junk mail and solicitations. I use them to keep coupons together for when I go to the store, and magazine clippings that I save for my daughter." – MW in Alabama
- ### STRANGE BUT TRUE
- It was American political scientist, economist, psychologist and professor Herbert Simon who made the following sage observation: "What information consumes is rather obvious: It consumes the attention of its recipients. Hence a wealth of information creates a poverty of attention, and a need to allocate that attention efficiently among the overabundance of information sources that might consume it."
 - Those who study such things claim that the act of licking a stamp burns one-tenth of a calorie.
 - The shortest song in the world is *You Suffer*, recorded in 1986 by the British band Napalm Death. It lasts precisely 1.316 seconds.
 - Stanley Mason was an inventor who really got around, in a manner of speaking. In addition to coming with the idea for the granola bar, he also created the squeezable ketchup bottle, the disposable diaper, heated pizza boxes and the dental floss dispenser.
 - There are more Polish people living in Chicago than in any city on Earth except for Warsaw, Poland's capital.
 - You might be surprised to learn that the most dangerous profession in the country – in terms of the percentage of people holding that profession who have been killed – isn't firefighter or police officer, it's president of the United States.

- A total of 9 percent of our presidents have been assassinated.
- Renee Zellweger was born the same year that Judy Garland died: 1969. Zellweger played Garland in the movie *Judy*, which debuted 50 years after her death, in 2019, the same year that Zellweger turned 50.
 - In the Commonwealth of Virginia, a statute contained within what's known as the Code of 1930 prohibits bribery or corruption by anyone other than a political candidate.

THOUGHT FOR THE DAY

"I think the biggest mistake most people make when they pick their first job is they don't worry enough about whether they'll love the work, and they worry more about whether it's good experience."

– Steve Ballmer



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Solding Price	Days On Market
Barefoot Bay	Bonita Springs	2006	4,511	\$1,999,000	\$2,000,000	174
Marina Isle	Bonita Springs	2004	4,431	\$1,999,000	\$1,950,000	17
Edgewater	Fort Myers	1998	3,891	\$2,242,500	\$1,800,000	198
Hidden Harbor	Fort Myers	2017	2,895	\$1,295,000	\$1,300,000	43
Cape Coral	Cape Coral	1992	2,900	\$1,199,000	\$1,100,000	81
Cape Coral	Cape Coral	2019	2,546	\$1,275,000	\$1,100,000	203
Not Applicable	North Fort Myers	2003	4,773	\$999,900	\$953,000	74
Safety Harbor Club	Upper Captiva	1997	3,231	\$999,000	\$950,000	145
Fairview Isles	Fort Myers Beach	1979	1,632	\$949,000	\$900,000	19
Cape Coral	Cape Coral	2011	2,705	\$899,927	\$899,927	207



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